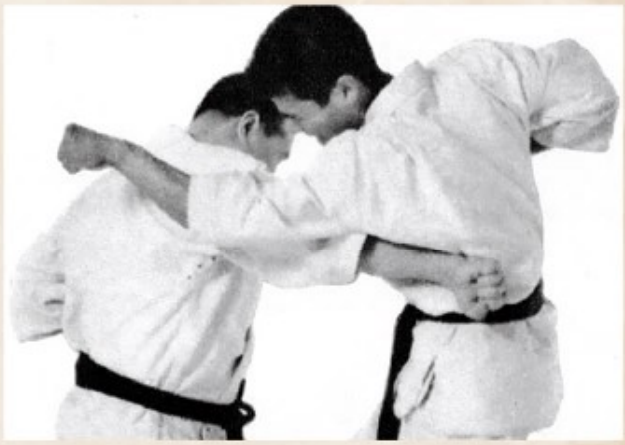


This is

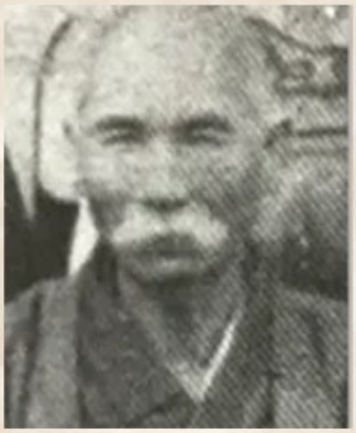
~~Karate~~

KYOKUSHIN





KYOKUSHIN is the Ultimate Japanese martial art that Masutatsu Oyama spent his life developing based on Karate (Sports style according to ZenKuRen - Japan Karatedo Federation)
The ultimate training and rigorous testing in Kyokushin will maximize your value as a human being and allow you to meet the best version of yourself.






The term "唐手 (karate)" is deeply connected to the history of martial arts that developed in Okinawa and its relationship with China. Originally, "唐手" meant "Chinese hand," with "唐 (tō)" referring to China.

In the 20th century, when this martial art spread to mainland Japan, the characters "唐手" were changed to "空手 (karate)." "空 (kara)" means "empty," and "手 (te)" represents technique or martial art. This change led to Okinawan martial arts becoming known by the name "karate."

In 1953, Masutatsu Oyama established the "Karateshutsu Oyama Rokudan Dojo" in Tateyama City, Chiba Prefecture, by renting a factory owned by a clothing store. At this time, Oyama wrote "唐手" (karate) instead of "空手." This also gives us a glimpse of Masutatsu Oyama's trial and error process.

Even though Oyama had already settled in Tokyo, he stayed in Tateyama, frequently visiting the slaughterhouse, as he was preparing for a bullfight at the beginning of the year.
This eventually led to the tradition of the Tateyama summer camp, which continues in Kyokushin to this day.

Aiming to establish karate as a true martial art from a sport, Masutatsu Oyama developed a training method that was not found in traditional karate.

A number of Training techniques adopted by Masutatsu Oyama













Training strategy to KYOKUSHIN

1: Weight training for absolute power

2: Physical training to develop endurance and stamina

3: Stretching to constantly respond to stuations flexibly

4: Traditional japanese physical technique that uses cold water to train the mind and body Waterfall Training

5: Stablize own mind and realize the truth with Zen Meditation

Masutatzu Oyama arrived at this ultimate training method, which was not found in traditional karate, through long-term solo maountain training.



1965 jan kyokushin kaikan sohombu was officially launched







Advanced Karate = KYOKUSHIN

Kyokunshinkai Established

Masutatsu Oyama's Karate was innovative and heretical However, Masutatsu Oyama's karate captivate people and succeeded in gaining many supporters, not only from the Japanese martial arts world but also from important Japanese goverment officials at the time.

The symbol of this is the headquarters building, which was completed in January 1965.

From here, Masutatsu Oyama's lifelong pursuit of Kyokushin begins in earnest.









Systematize the KYOKUSHIN

Advance Evolution

Systematize the KYOKUSHIN
Advanced Evolution
Masutatsu Oyama had a clear philosophy of Karate established at the time he established Kyokushin Kaikan.
Masutatsu Oyama's view of karate was that it was a BUDO (apanese martial art), not a sport.
However, this did not at all negate existing SUNDOME Karate (KF Style).
Masutatsu Oyama needed to Systematize Kyokushin the ultimate form of karate that went beyond the karate he had learned.
This was a very difficult task, but Masutatsu Oyama's boldness and ability allowed him to fully demonstrate his ability to self-produce, which-was unusual for a karateka.
One erample of this is his ENBU(Demonstrations) in which he tried breaking beer bottles and tiles.
Even today, TAMESHI WARI (Breaking bricks, etc..) is considered very important event in Kyokushin.







Karate from a sport to true BUDO

Kyokushi is BUDO

Masutatsu Oyama had great respect for Miyamoto Musashi (1584-1645), who systematized BUDO, and he studied it extensively.
Masutatsu Oyama, who viewed karate as a martial art, was troubled by the idea that the traditional karate, which he himself had studied, where there was no way to win or lose, could not reach the state of true japanese martial arts (BUDO).
This is because the definition of BUDO was established by the United States, which occupied Japan after the war.
However, Masutatsu Oyama persevered in his studies and continued to persuade the heavyweights of the karate world at the time to protect the BUDO culture withoul hesitation
Budo is not just about physical combat but also about the cultivation of character and spirit.
It emphasives virtues such as respect, humility. self-discipline, and perseverance.
The goal is to develop a balanced individual who can contribute positively to society







KYOKUSHIN Foundation

For next generation World Peace

Masutatsu Oyama's KYOKUSHIN was not a sports organization that only pursued martial arts, but an organization that contributed to society by providing BUDO Education through KYOKUSHIN Karate.
At that time, Japan still had a very male-dominated ideology, and the brave female Fighter who fought with bare hands and feet astounded many racists and helped improve the status of women
Boys and Girls also learned a lot from Masutatsu Oyama's KYOKUSHIN teachings, which are based on BUDO, and cultivated excellent personalities that dislike violence and are always polite.
The practice of KYOKUSHIN (OYAMA KARATE) which is also a form of spiritual training, was extremely demanding both physically and mentally, regardless of age or gender, but it was highly praised by the general public
"Why do we strive to become strong? It is to overcome ourselves, uphold righteousness, and lead others.
Kyokushinkai Founder Masutatsu Ovama



karate to KYOKUSHIN of the World

KYOKUSHIN takes to the world stage