極真会 国際空手道連盟極真流 INTERNATIONAL KARATE ALLIANCE, KYOKUSHINRYU

JOIN KYOKUSHINRYU

FOR STRONGER DEVELOPMENT

極真流

ONE FRATERNITY

VERSION II

WHAT IS KYOKUSHINRYU?



KYOKU

This character means "ultimate" or "Extreme"



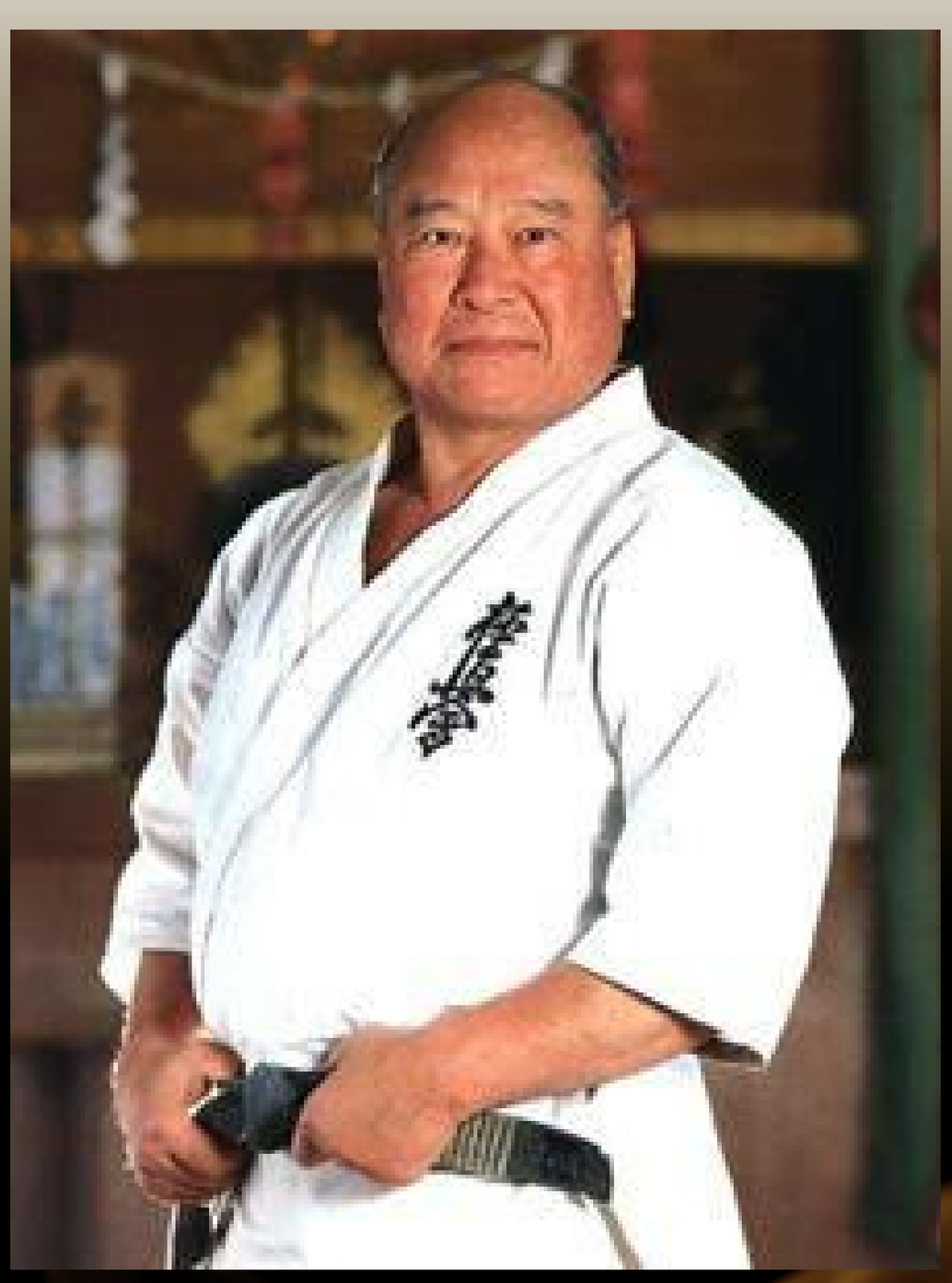
SHIN

This character means "truth" or reality. It symbolize sincerity, honesty and authenticity.



RYU

This character means "style" or "school" it refers
to a specific lineage or tradition of martial arts



Masutatsu Ōyama (大山 倍達, Ōyama Masutatsu, July 27, 1923 – April 26, 1994), more commonly known as Mas Oyama Founder of Kyokushin Karate,

> Kyokushin Kai, also called "full contact karate" or "Knockdown karate," was founded by Sosai Masutatsu Oyama in 1957.

OSU

O-S-U (SILENT LETTER U)

Osu serves as a form of greeting and acknowledgment between karate practitioners.
It expresses respect, humility, and readiness for training or competition.

by *saying Osu, practitioners convey their commitment to the martial art and their dedication to self-improvement.*

KEEP PRESSING FORWARD

RYUSO PETER CHONG

FOUNDER OF KYOKUSHINRYU

A 9th Dan Kyokushin Karate master, has left an indelible mark on the world of martial arts.

He is recognized for his significant contributions to the martial arts community, particularly in the development and promotion of Kyokushin karate through the International, Karate Alliance KyokushinRyu.







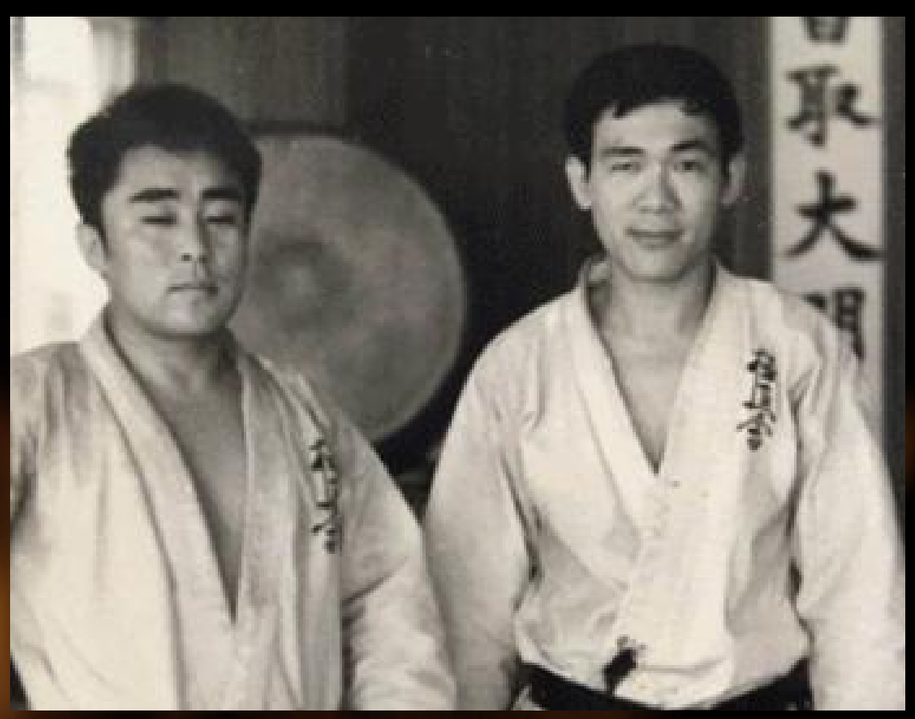
We, KyokushinRyu, are committed to preserving the traditional Japanese culture of Karate-do and the martial arts spirit taught by the founder of Kyokushin, the late Sosai Masutatsu Oyama. Our activities focus on studying, teaching and promoting the Kyokushin way, aiming to grow and advance its practice. We also emphasize respect, etiquette and discipline. Our main goal is to contribute to society by fostering healthy youth development and providing a rich education in human values that reflect Japan's cultural spirit. Osu!

International Karate Alliance, KyokushinRyu Founder Peter Chong





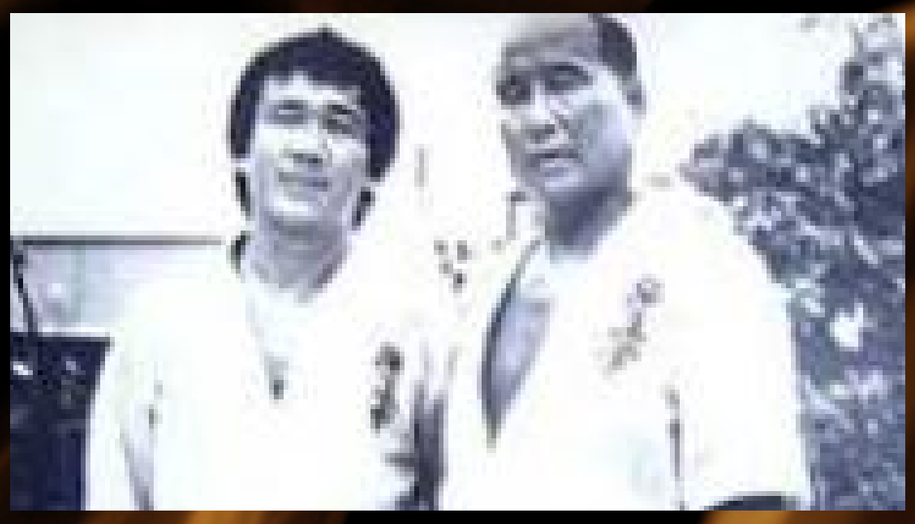
















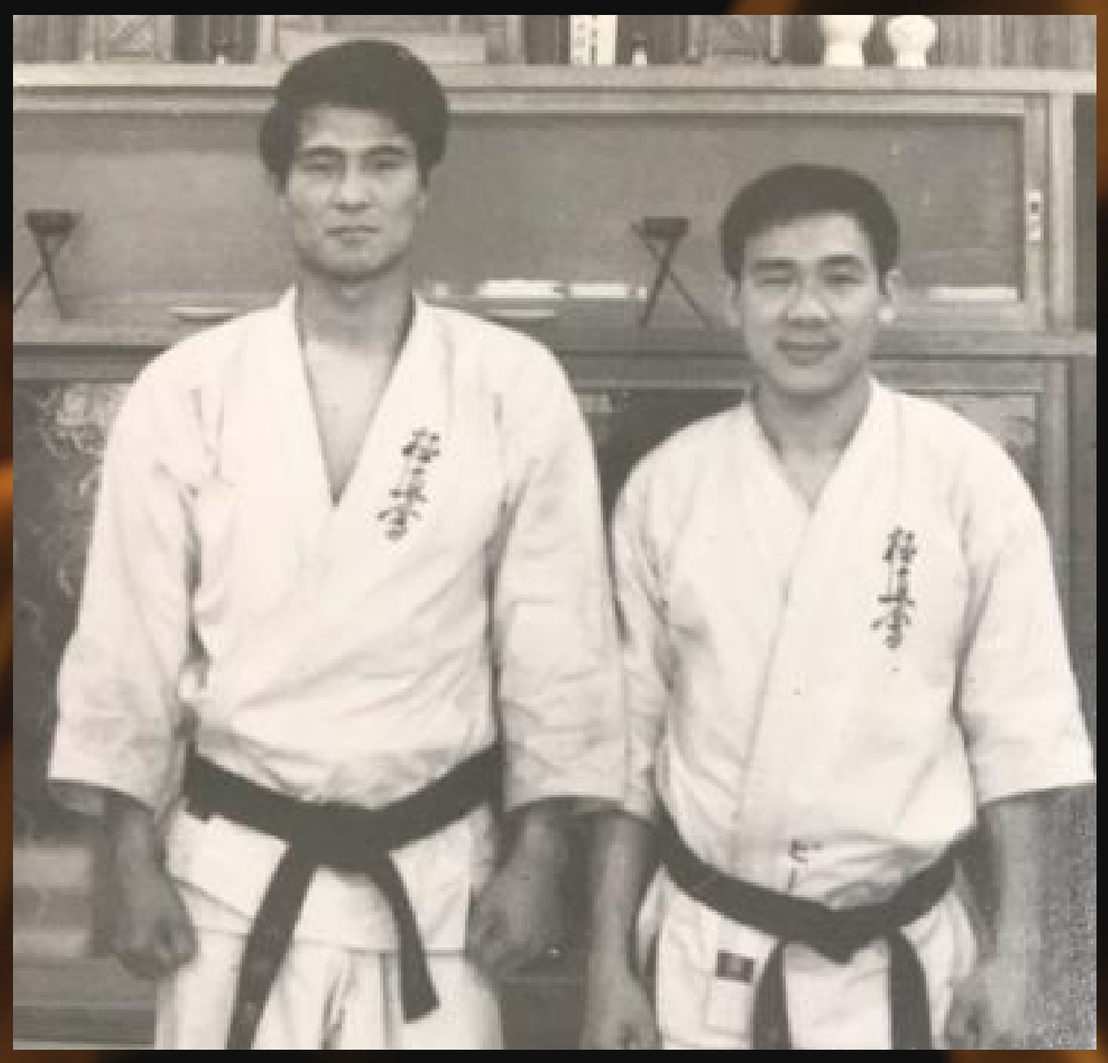

国際空手道連盟
極真会館
INTERNATIONAL KARATE ORGANIZATION
KYOKUSHINKAIKAN




Singapore
Singapore



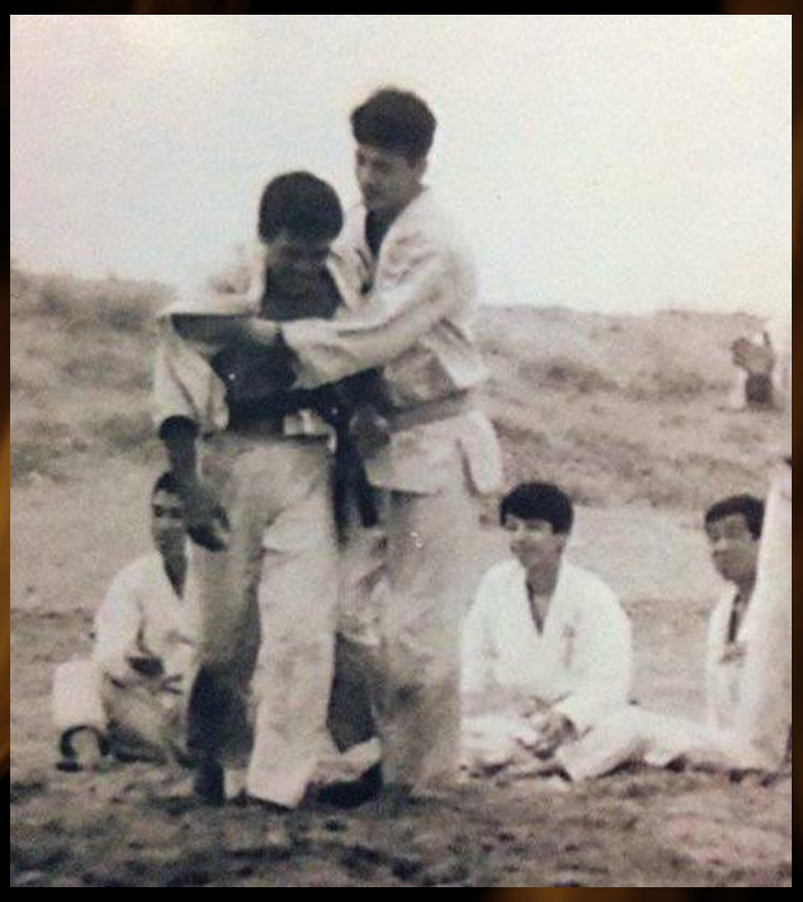




RYUSO PETER CHONG EXPERIENCE

(30 Man Kumite)

In the summer of 1969, during training at Chiba Beach, an unforgettable event occurred before his return home to Singapore. Sosai Masutatsu Oyama Sosai decided to test him with the 100-men Kumite. Despite his determination, he dropped flat in the 31st round, his face, arms, and body covered in blood and scratches. The sandy environment proved challenging; kicks sent sand into his eyes, making it difficult to see his opponents, and he was subjected to numerous blows.



Balancing on the sand was a struggle, and exhaustion quickly set in. Although he wanted to stop at the 20th round, Sosai urged him to continue. Ultimately, he collapsed at the 31st round, and Sensei Fujira carried him on his shoulder and threw him into the sea. The shock of the seawater entering his wounds caused him to let out a loud shout and wake up immediately from the excruciating pain, only to fall flat into the sea again.

He had no recollection of who pulled him out of the water. Later, his Swiss friend Fritz Anderegg tended to his wounds and remarked that it seemed like they were trying to kill him.
“But I can tell you now, that the way, beloved Mas Oyama our Great Teacher made all his Advance Members strong! Osu.!" — Ryuso Peter Chong

100-MAN KUMITE



The 100-man kumite is one of the most grueling and revered challenges in Kyokushin Karate. Devised by Sosai Masutatsu Oyama, the founder of Kyokushin Karate, it tests the endurance, spirit, and skill of a karateka.

The 100-man kumite involves fighting 100 opponents consecutively, with each bout typically lasting around 1.5 to 2 minutes. The challenge is not only to defeat as many opponents as possible, but to survive the ordeal and continue fighting with minimal rest between bouts. Therefore, it is as much a mental challenge as it is a physical one. Participants face extreme fatigue, pain, and the psychological pressure of continuous fighting.

Success requires exceptional mental toughness and the ability to push beyond physical limits. This also tests a karateka's techniques, strategy, and adaptability. The fighter must continually adjust to different opponents, each with unique styles and strengths, making it a comprehensive test of one's martial arts proficiency.



As such, those attempting the 100-man kumite undergo rigorous training, focusing on stamina, strength, technique, and recovery. The preparation period is intense and demands complete dedication.

The first recorded completion of the 100-man kumite was by Masutatsu Oyama himself, establishing a legendary status for the challenge within Kyokushin Karate. Over the years, only a handful of karatekas have completed the 100-man kumite.

JODAN-KU



Was created by Ryuso Peter Chong



A kata created by Ryuso Peter Chong request by Sosai back in the early 70's
A kata that combines advanced hands and ground techniques.





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KANCHO JACKIE CHONG

DIRECTOR GENERAL OF KYOKUSHINRYU



Jackie Chong Fook Hon 7th Dan
2nd generation Kancho of
International Karate Alliance
KyokushinRyu

To usher in a new era of innovation, dedication, and excellence, Ryu-So Peter Chong sought the nomination for a new Director General (Kancho) from the esteemed International Committee members and his trusted advisors. With great confidence and trust, Shihan Jackie Chong was appointed as Kancho in November 2023.

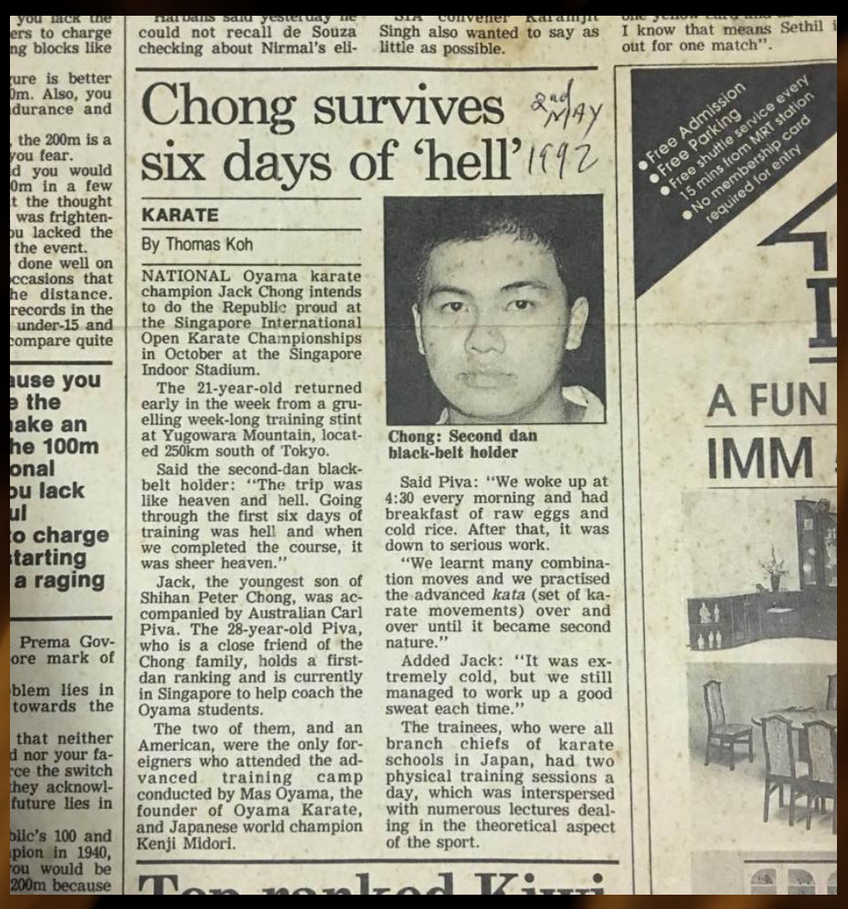
Born in Singapore as the second son of the Ryuso (Founder of KyokushinRyu) Peter Chong.
He started receiving strict training in Kyokushin Karate from his father — Shihan Peter Chong — at the age of 5.



CHONG SURVIVES SIX DAYS OF HELL

National Oyama karate champion Jack Chong intends to do the Republic proud at the Singapore pore International Open Karate Championships in October at the Singapore Indoor Stadium.
The 21-year-old returned early in the week from a gru- elling week-long training stint at Yugowara Mountain, locat- ed 250km south of Tokyo.

Said the second-dan black-belt holder: "The trip was like heaven and hell. Going through the first six days of training was hell and when we completed the course, it was sheer heaven."
Jack, the youngest son of Shihan Peter Chong, was accompanied by Australian Carl Piva. The 28-year-old Piva, who is a close friend of the Chong family, holds a first- dan ranking and is currently in Singapore to help coach the Oyama students.



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Chong survives six days of 'hell'

2nd MAY 1992

KARATE

By Thomas Koh

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The two of them, and an American, were the only foreigners who attended the advanced training camp conducted by Mas Oyama, the founder of Oyama Karate, and Japanese world champion Kenji Midori.

Chong: Second dan black-belt holder

Said Piva: "We woke up at 4:30 every morning and had breakfast of raw eggs and cold rice. After that, it was down to serious work.

"We learnt many combination moves and we practised the advanced *kata* (set of karate movements) over and over until it became second nature."

Added Jack: "It was extremely cold, but we still managed to work up a good sweat each time."

The trainees, who were all branch chiefs of karate schools in Japan, had two physical physic training sessions a day, which were interspersed with numerous lectures dealing in the theoretical aspect of the sport.

• Free Admission
• Free Parking
• Free shuttle service every 15 mins from MRT station
• No membership card required for entry

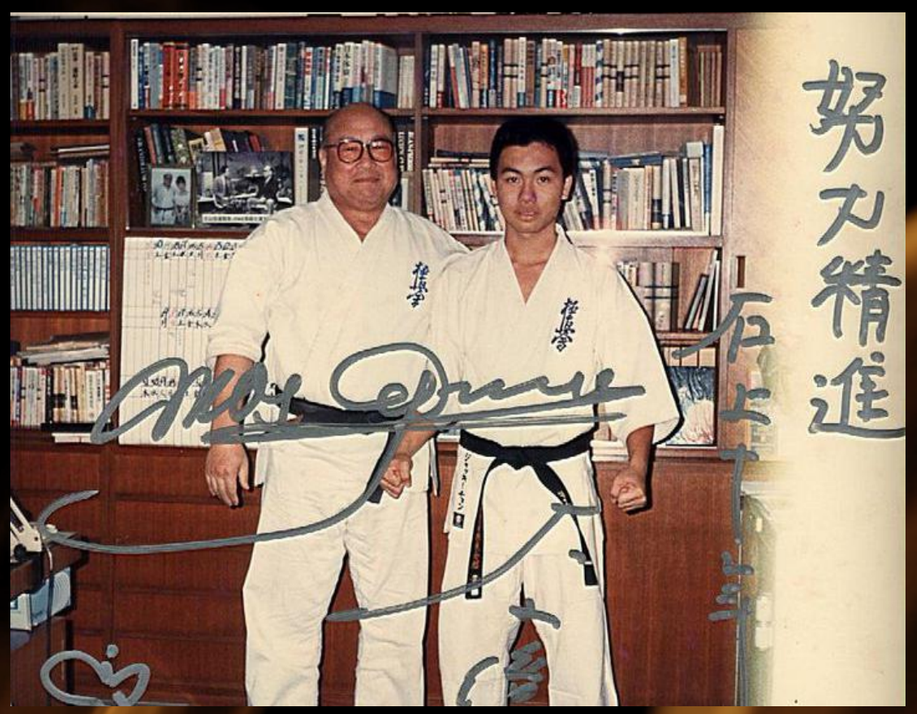
A FUN
IMM

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努力精進






鹿島大明神







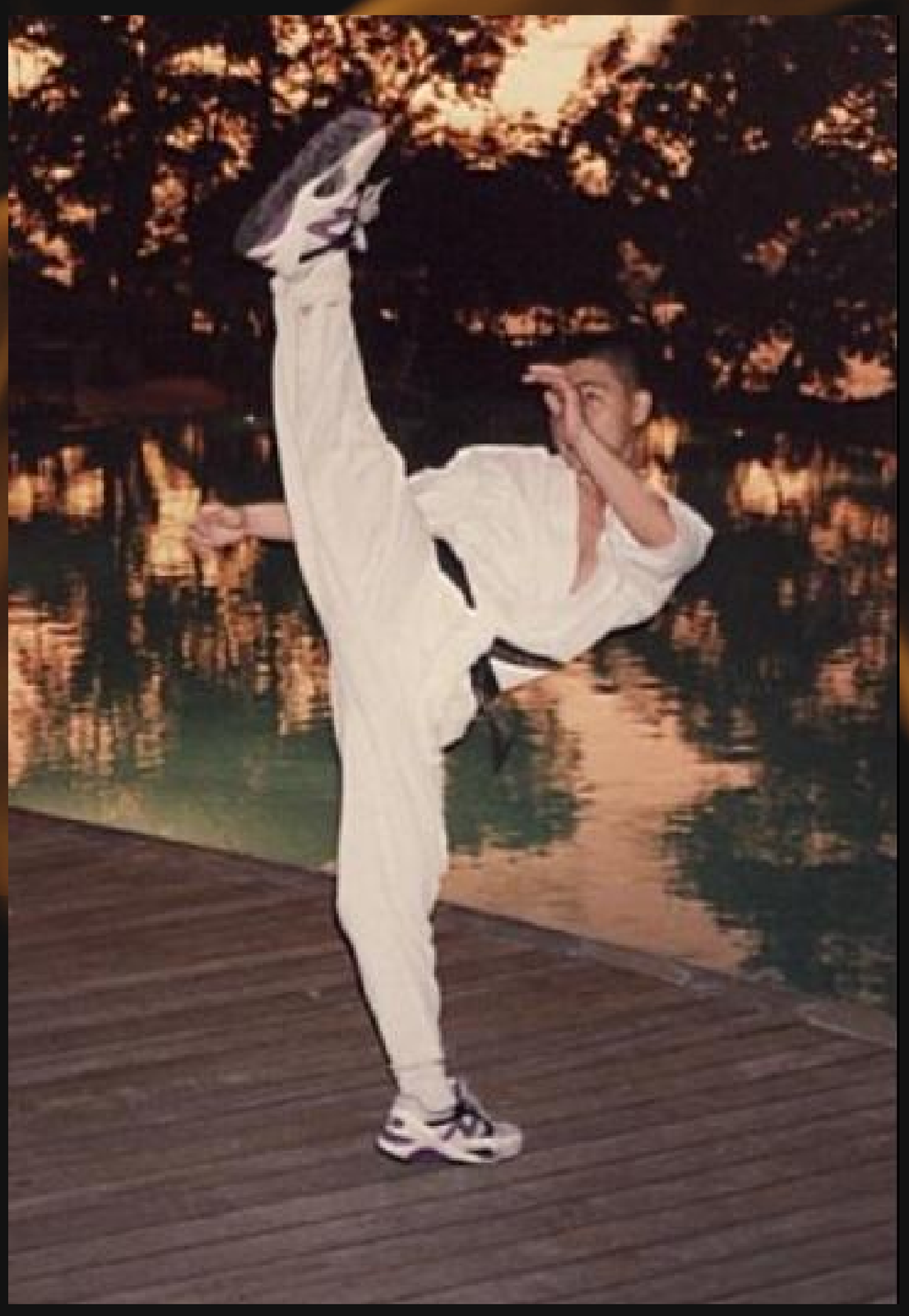









KYOKUSHIN INTERNATIONAL
Karate
CONVENTION
9th to 11th Sept '95
松井章圭も、
会員です。






DOJYO KUN











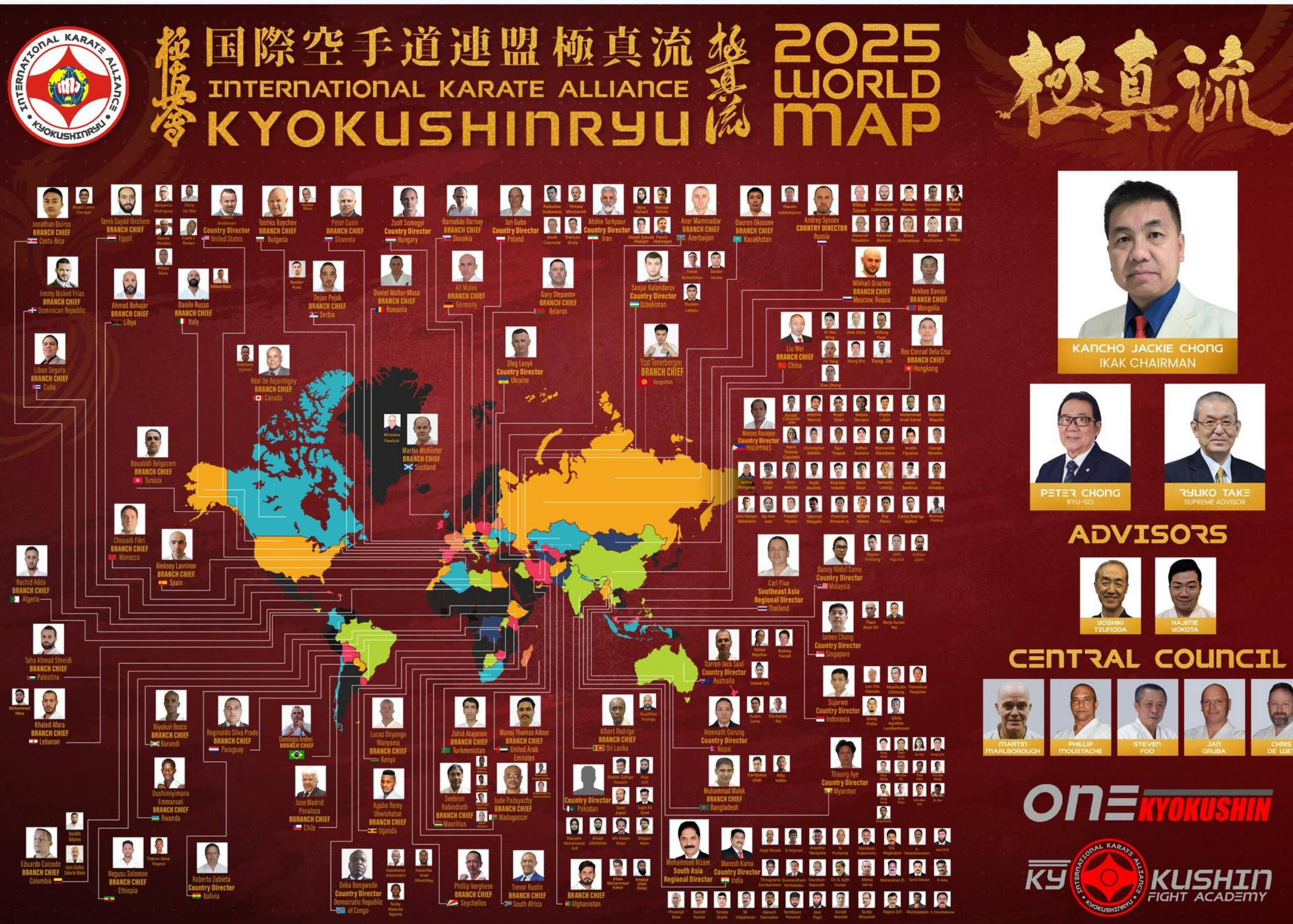






国際空手道連盟極真流
INTERNATIONAL KARATE ALLIANCE, KYOKUSHINRYU

INTERNATIONAL KARATE ALLIANCE, KYOKUSHINRYU





INTERNATIONAL COUNCIL MEMBERS



PHILLIP MOUSTACHE

Africa Continent/Technical Director



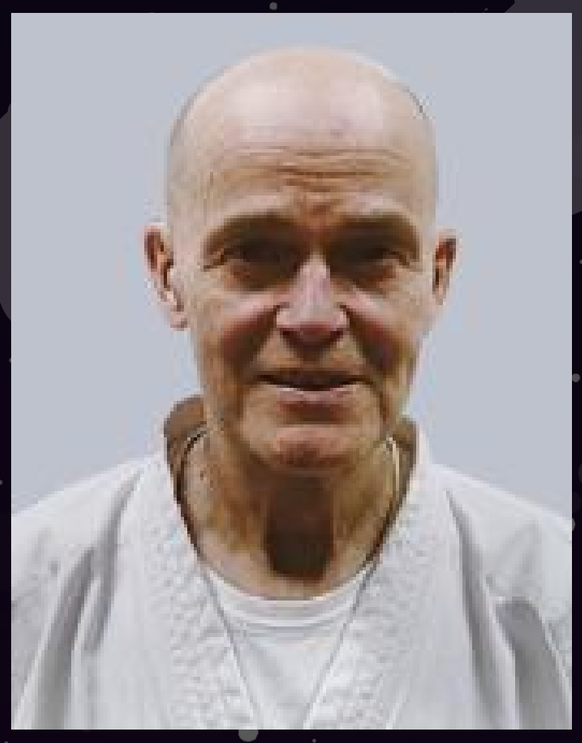
JAN GRUBA

Europe Country Director



CHRIS DE WET

North America Country Director



MARTIN MURRAY MCALISTER

Scotland Country Director



STEVEN FOO

Global Partnership Director

CONTINENTAL

POWER MAP

極真流

WORLD MAP


国際空手道連盟極真流
INTERNATIONAL KARATE ALLIANCE
KYOKUSHINRYU
2025 WORLD MAP
極真流
KANCHO JACKIE CHONG
IKAK CHAIRMAN
PETER CHONG
RYU-SO
RYUKO TAKE
SUPREME ADVISOR
ADVISORS
YOSHIKI TZUNODA
HAJIME YOKOTA
CENTRAL COUNCIL
MARTIN MARLBOROUGH
PHILLIP MOUSTACHE
STEVEN FOO
JAN GRUBA
CHRIS DE WET
ONE KYOKUSHIN
KYOKUSHIN FIGHT ACADEMY
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Country Director United States
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Zsolt Somogyi Country Director Hungary
Barnabás Darnay BRANCH CHIEF Slovakia
Ian Guba Country Director Poland
Afshin Torkpour Country Director Iran
Anar Mammadov BRANCH CHIEF Azerbaijan
Dauren Ukassov BRANCH CHIEF Kazakhstan
Andrey Sysoev COUNTRY DIRECTOR Russia
Jimmy Makiel Frias BRANCH CHIEF Dominican Republic
Ahmed Bohajar BRANCH CHIEF Libya
Danilo Russo BRANCH CHIEF Italy
Dejan Pejak BRANCH CHIEF Serbia
Daniel Molter-Musa BRANCH CHIEF Romania
Ali Malek BRANCH CHIEF Germany
Gary Stepanov BRANCH CHIEF Belarus
Sanjar Kalandarov Country Director Uzbekistan
Mikhail Grachev BRANCH CHIEF Moscow, Russia
Bekhee Bavuu BRANCH CHIEF Mongolia
Liban Segura BRANCH CHIEF Cuba
Réal De Repentigny BRANCH CHIEF Canada
Oleg Lesyk Country Director Ukraine
Yzat Tenerbergen BRANCH CHIEF Kyrgyzstan
Liu Wei BRANCH CHIEF China
Rex Conrad Dela Cruz BRANCH CHIEF Hongkong
Martin McAlister BRANCH CHIEF Scotland
Moises Rucapor Country Director PHILIPPINES
Bouabidi Belgacem BRANCH CHIEF Tunisia
Chouaib Fikri BRANCH CHIEF Morocco
Aleksey Lavrinov BRANCH CHIEF Spain
Carl Piva Southeast Asia Regional Director Thailand
Danny Abdul Sanie Country Director Malaysia
Rachid Adda BRANCH CHIEF Algeria
James Chong Country Director Singapore
Taha Ahmad Shreidi BRANCH CHIEF Palestine
Khaled Afara BRANCH CHIEF Lebanon
Darren Jack Saul Country Director Australia
Sujarwo Country Director Indonesia
Homnath Gurung Country Director Nepal
Thaung Aye Country Director Myanmar
Niyukuri Bosco BRANCH CHIEF Burundi
Reginaldo Silva Prado BRANCH CHIEF Paraguay
Domingos Andres BRANCH CHIEF
Lucas Onyango Wanyama BRANCH CHIEF Kenya
Zohid Atajanov BRANCH CHIEF Turkmenistan
Manoj Thomas Adoor BRANCH CHIEF United Arab Emirates
Albert Rodrigo BRANCH CHIEF Sri Lanka
Dushimiyimana Emmanuel BRANCH CHIEF Rwanda
Jose Madrid Penaloza BRANCH CHIEF Chile
Agaba Remy Ukwishatse BRANCH CHIEF Uganda
Seebrun Rabindrath BRANCH CHIEF Mauritius
Jude Padayachy BRANCH CHIEF Madagascar
Country Director Pakistan
Muhammad Malek BRANCH CHIEF Bangladesh
Eduardo Caicedo BRANCH CHIEF Colombia
Negusu Solomon BRANCH CHIEF Ethiopia
Roberto Zubieta Country Director Bolivia
Beka Bongwede Country Director Democratic Republic of Congo
Phillip Verghese BRANCH CHIEF Seychelles
Trevor Rustin BRANCH CHIEF South Africa
BRANCH CHIEF Afghanistan
Mohammed Nizam South Asia Regional Director
Manosh Karna Country Director India

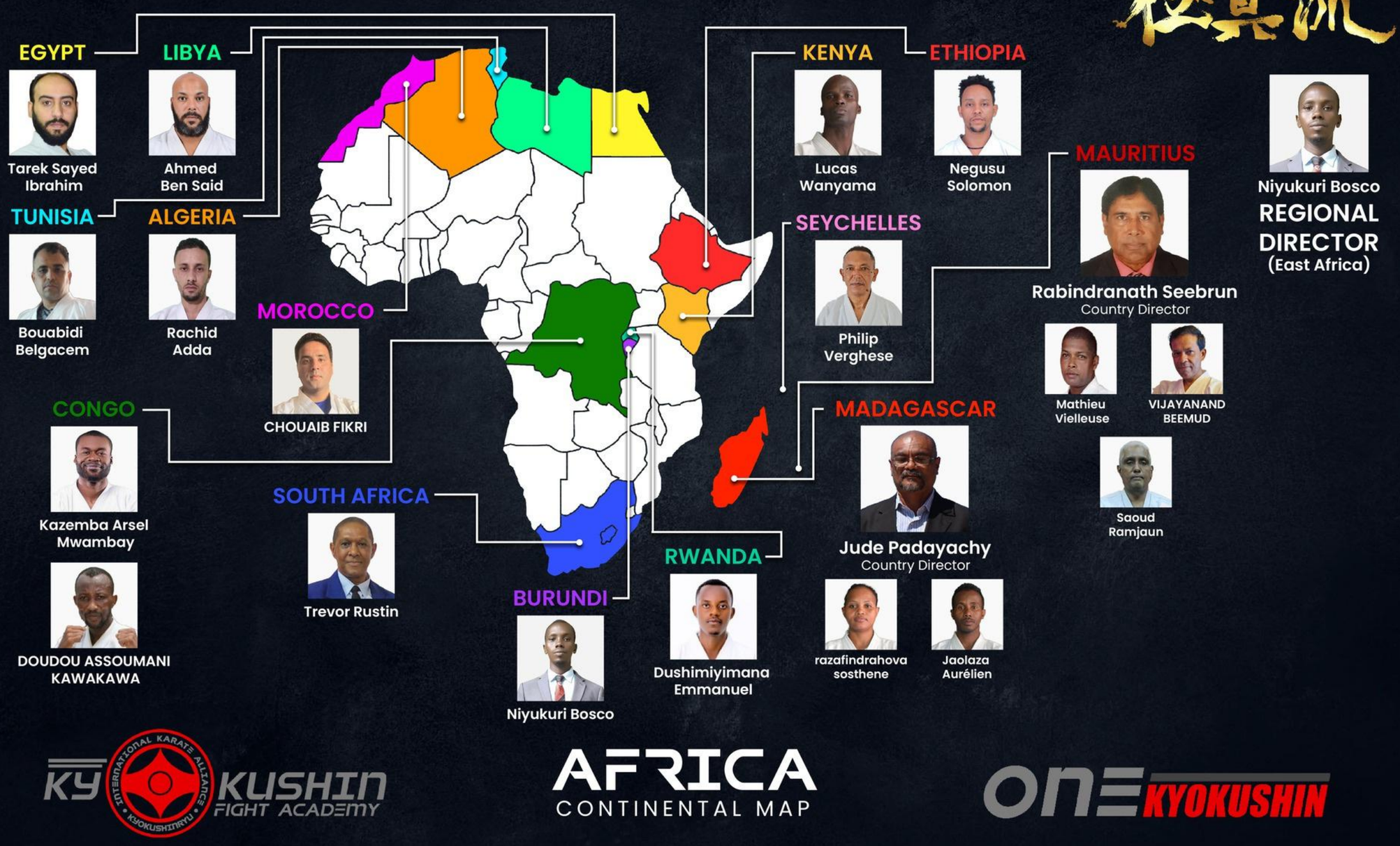
AFRICA

国際空手道連盟極真流
INTERNATIONAL KARATE ALLIANCE
KYOKUSHINRYU



Philip Armand Moustache
CONTINENT DIRECTOR

極真流



KYOKUSHIN FIGHT ACADEMY

AFRICA
CONTINENTAL MAP

ONE KYOKUSHIN

OCEANIA

国際空手道連盟極真流
INTERNATIONAL KARATE ALLIANCE
KYOKUSHINRYU

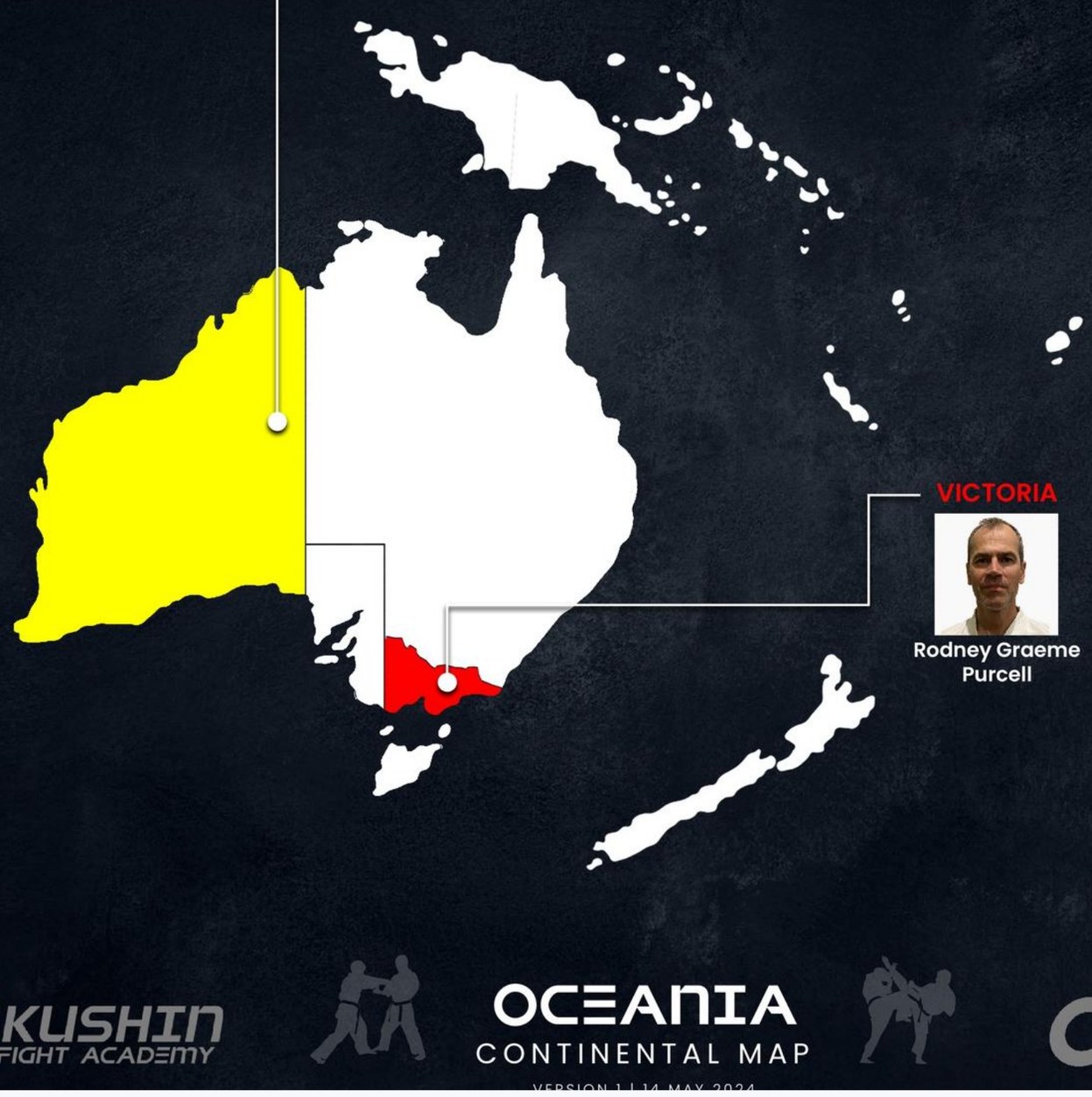


Carl Piva
CONTINENT DIRECTOR

WESTERN AUSTRALIA



Darren Jack Saul



VICTORIA

Rodney Graeme Purcell

極真流

SEEKING FOR
BRANCH REPRESENTATION



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INTERNATIONAL KARATE ALLIANCE, KYOKUSHINRYU

- ORGANIZED SYSTEM
- QUALITY TRAINING MANUALS
- WORLD TOURNAMENTS
- PASSIONATE LEADERSHIP
- CLEAR GOALS AND PROGRESSION

KYOKUSHIN FIGHT ACADEMY

OCEANIA
CONTINENTAL MAP
VERSION 1 | 14 MAY 2024

ONE KYOKUSHIN

国際空手道連盟極真流
INTERNATIONAL KARATE ALLIANCE, KYOKUSHINRYU

SOUTH AMERICA

国際空手道連盟極真流
INTERNATIONAL KARATE ALLIANCE
KYOKUSHINRYU



Philip Verghese
CONTINENT DIRECTOR

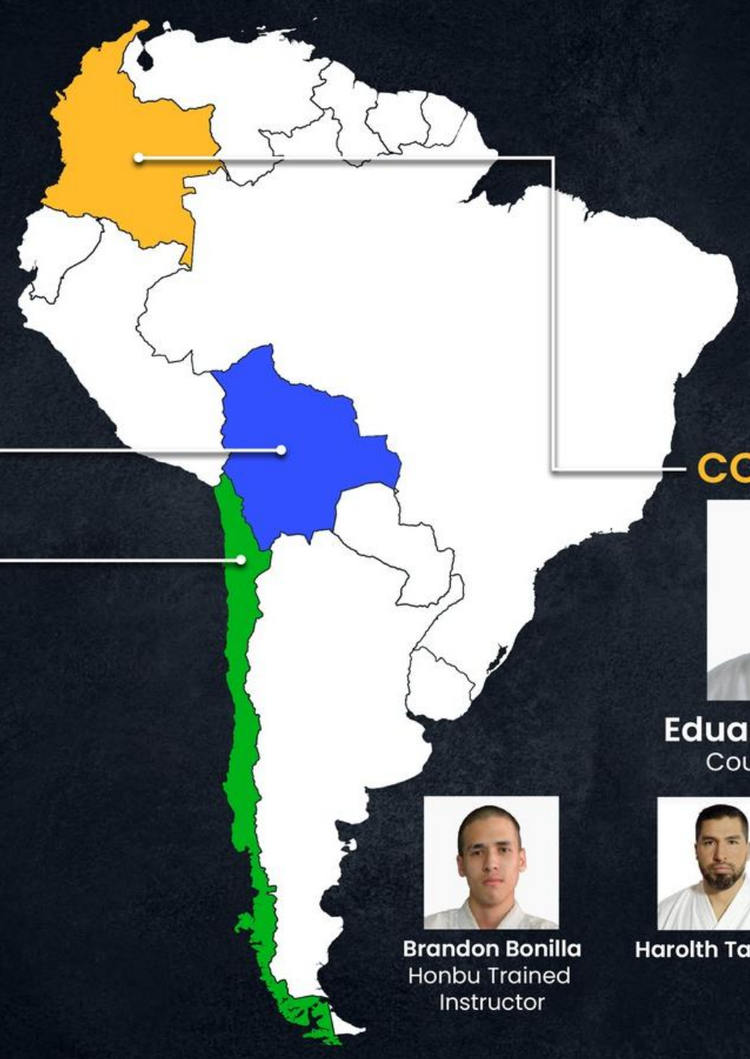
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極真流

BOLIVIA



Roberto Zubieta



COLOMBIA



Eduardo Caciedo
Country Director

CHILE



Jose Manuel Madrid

Brandon Bonilla
Honbu Trained
Instructor

Harolth Tabares



Juan Carlos
Solarte Nieto

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KYOKUSHIN FIGHT ACADEMY

SOUTH AMERICA
CONTINENTAL MAP

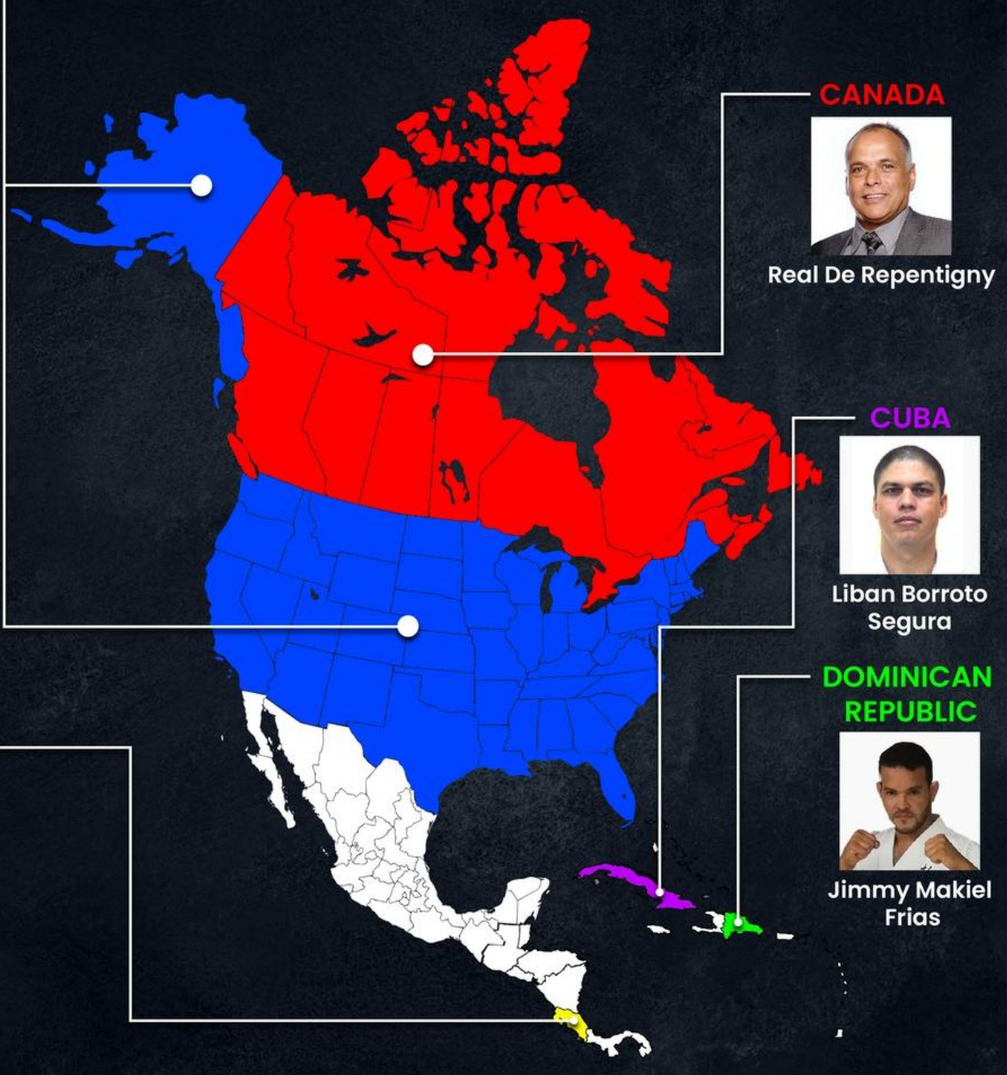
ONE KYOKUSHIN

NORTH AMERICA

国際空手道連盟極真流
INTERNATIONAL KARATE ALLIANCE
KYOKUSHINRYU



Chris De Wet
CONTINENT DIRECTOR



USA



Tiberiu Bredicean
Country Director



Benjamin Rodriguez



Dennis Morales



Frank Roman



Wilson mancera Rivas



Chris De Wet

CANADA

Real De Repentigny

CUBA

Liban Borroto Segura

DOMINICAN REPUBLIC

Jimmy Makiel Frias

COSTA RICA



Jonathan Quirós Guevara



Alvaro Carvajal Calderon

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- ✓ QUALITY TRAINING MANUALS
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- ✓ CLEAR GOALS AND PROGRESSION

KYOKUSHIN FIGHT ACADEMY

NORTH AMERICA
CONTINENTAL MAP
VERSION 1 | 13 MAY 2024

ONE KYOKUSHIN

極真会 国際空手道連盟極真流 極真会館

INTERNATIONAL KARATE ALLIANCE, KYOKUSHINRYU

EUROPE

極真会 国際空手道連盟極真流 極真会館
INTERNATIONAL KARATE ALLIANCE
KYOKUSHINRYU



Jan Gruba
CONTINENT DIRECTOR

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極真流

UNITED KINGDOM



Martin Murray McAlister
INTERNATIONAL COUNCIL MEMBER
COUNTRY DIRECTOR



Khan Mohammad Kakar



Daryl Legaspi Pahimna



Miroslaw Tomasz Pawlicki

GERMANY



Ali Malek

POLAND



Jan gruba
COUNTRY DIRECTOR



Darius Grala



Radosław Grabowski



Tomasz Marcjaniak



Jacek Czarnota

UKRAINE



Oleg Lesyk

BELARUS



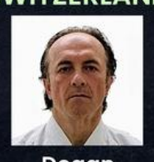
Hari Stsiapanao

SLOVAKIA



Barnabás Darnay

SWITZERLAND



Dogan Orakci

ITALY



Danilo Russo



Emiliano Hlacia

SLOVENIA



Peter Cusin

SERBIA



Bozidar Puric



Pejak Dejan

BULGARIA



Toshko Raychev



Yordan Bikov

HUNGARY



Zsolt Somogyi

ROMANIA



DANIEL MOLTER MUSA

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KYOKUSHIN FIGHT ACADEMY

EUROPE
CONTINENTAL MAP
VERSION 4 | 10 MAY 2024

ONE KYOKUSHIN

SOUTH ASIA

極真会 国際空手道連盟極真流 INTERNATIONAL KARATE ALLIANCE KYOKUSHINRYU 極真流



Mohammed Nissam Ibrahim
REGIONAL DIRECTOR

INTERNATIONAL KARATE ALLIANCE KYOKUSHINRYU

INDIA



Manosh Karna
Country Director

TAMIL NADU


Pushparaj N.


Sembiyan Perumal


Tamilselvan


K. BALASUBRAMANIAM


Manikam Kuppusamy


V.G Nagarajan


Muniyappan


Thirugnana Sambandam


Sivanandham Venkatrasu

KERALA


Dr. G. Ajith Kumar


Manosh Karna


Mohammed Nissam


Suresh Kumar


Davidson Nazarath

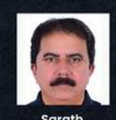

M. Vidyaharan


Rajeev B. P.


S. Chandrakumar


R. Sabu


Jasir Poili


Sarath Prabhakarakurup

WEST BENGAL


Kajal Ghosh


Ganesh Samaddar


Surajit Mondal


Sudip Bhowmik


Prosenjit Bose


Abhijeet Naiya

KARNATAKA


Manoj Verna

CHHATTIGARH


Anantha Narayana

UTTAR PRADESH


Sanjay Gupta



NEPAL



Homnath Gurung
Country Director


Ritubartan Rai


Rachana Lama


Lukendra Rai

BANGLADESH


Muhammad Abdul Malek

Sm Barkat Ullah

SRI LANKA


Albert Rodrigo

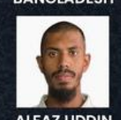
極真流

SEEKING FOR
BRANCH REPRESENTATION



HONBU TRAINED
INSTRUCTORS:

BANGLADESH


ALFAZ UDDIN

NEPAL

SUMAN GHISING

SRI LANKA

BUDDHIKA RODRIGO

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- WORLD TOURNAMENTS
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- CLEAR GOALS AND PROGRESSION

KYOKUSHIN FIGHT ACADEMY

SOUTH ASIA
CONTINENTAL MAP
VERSION 3 | 21 MAY 2024

ONE KYOKUSHIN

Regional Director:
Mohammed Nissam Ibrahim

CENTRAL ASIA

国際空手道連盟極真流
INTERNATIONAL KARATE ALLIANCE KYOKUSHINRYU



Dauren Okasov
REGIONAL DIRECTOR

INTERNATIONAL KARATE ALLIANCE KYOKUSHINRYU

極真流
SEEKING FOR
BRANCH REPRESENTATION



UZBEKISTAN



Sanjar Kalandarov
Country Director



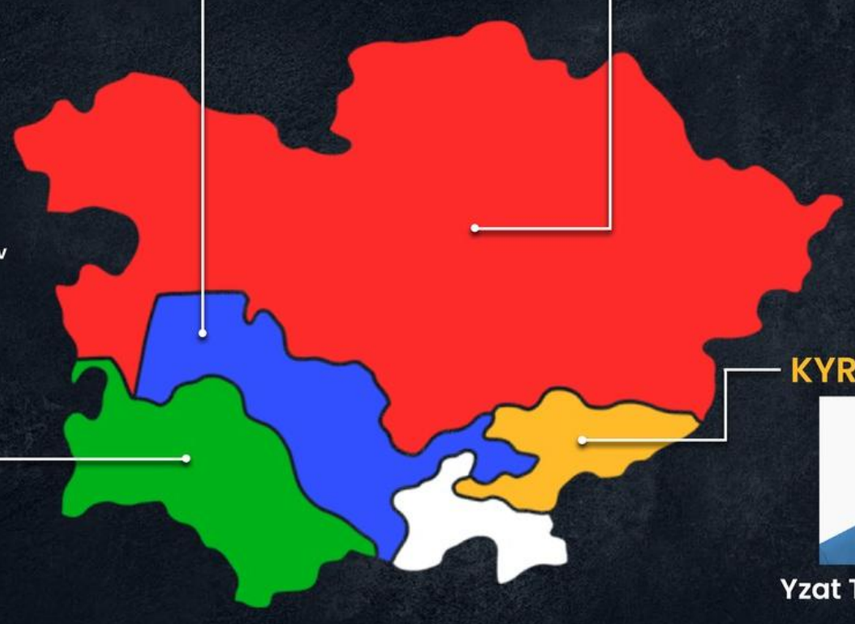
Rustam Latipov



Sardor Urinov



Anton Snimshikov



KAZAKHSTAN



Dauren Okassov

TURKMENISTAN



Zohid Alimbayevich Atajanov

KYRGYZSTAN



Yzat Tenerbergen

GROW WITH US!
INTERNATIONAL KARATE ALLIANCE, KYOKUSHINRYU

- ORGANIZED SYSTEM
- QUALITY TRAINING MANUALS
- WORLD TOURNAMENTS
- PASSIONATE LEADERSHIP
- CLEAR GOALS AND PROGRESSION

KYOKUSHIN FIGHT ACADEMY

CENTRAL ASIA
CONTINENTAL MAP
VERSION 2 | 14 MAY 2024

ONE KYOKUSHIN

極真拳 国際空手道連盟極真流 極真会
INTERNATIONAL KARATE ALLIANCE, KYOKUSHINRYU

PAKISTAN

極真拳 国際空手道連盟極真流 極真会
INTERNATIONAL KARATE ALLIANCE
KYOKUSHINRYU



COUNTRY DIRECTOR

INTERNATIONAL KARATE ALLIANCE • KYOKUSHINRYU •

極真流

SEEKING FOR
BRANCH REPRESENTATION

- BALOCHISTAN
- GILGITBALITSTAN
- AZAD JAMMU
- KHASMIR
- QUETTA



Maryam Mohammad Arif



Mir Aslam Khan



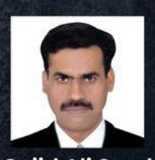
Sheikh Zulfiqar Hussain



Ahsan Ullahkhan



Syed Shayan Ali



Sajid Ali Syed



Syed Aqeel

GROW WITH US!
INTERNATIONAL KARATE ALLIANCE, KYOKUSHINRYU

- ✓ ORGANIZED SYSTEM
- ✓ QUALITY TRAINING MANUALS
- ✓ WORLD TOURNAMENTS
- ✓ PASSIONATE LEADERSHIP
- ✓ CLEAR GOALS AND PROGRESSION

KY KUSHIN FIGHT ACADEMY

PAKISTAN
COUNTRY MAP
VERSION 1 | 11 JULY 2024

ONE KYOKUSHIN

INDIA

極真拳 国際空手道連盟極真流 極真流
INTERNATIONAL KARATE ALLIANCE
KYOKUSHINRYU



MANOSH KARNA
COUNTRY DIRECTOR

INTERNATIONAL KARATE ALLIANCE • KYOKUSHINRYU •

極真流

WEST BENGAL



Ganesh Samaddar | Kajal Ghosh | Surajit Mondal | Sudip Bhowmik | Prosenjit Bose | Abhijeet Naiya

UTTAR PRADESH



Sanjay Gupta

KARNATAKA



Anantha Narayana

CHHATTISGARH



Manoj Verna

TAMIL NADU



Manikam Kuppusamy | Sembiyan Perumal | Tamilselvan | K. BALASUBRAMANIAM



Sivanandham Venkatrasu | Pushparaj N. | V.G Nagarajan | Muniyappan | Thirugnana Sambandam

KERALA



Davidson Nazarath | Dr. G. Ajith Kumar | Manosh Karna | Mohammed Nissam



Rajeev B. P. | S. Chandrakumar | R. Sabu | Jasir Poili



M. Vidyaharan | Suresh Kumar

SEEKING FOR
BRANCH REPRESENTATION

- BIHAR
- MAHARASHTRA
- RAJASTHAN
- GUJARAT
- ANDHRA PRADESH
- ODISHA
- TELANGANA
- JHARKHAND
- ASSAM
- GOA
- JAMMU AND KASHMIR
- PUNJAB
- HARYANA
- UTTARAKHAND
- GUJARAT
- HIMACHAL PRADESH
- TRIPURA
- MEGHALAYA
- MANIPUR
- NAGALAND
- MADHYA PRADESH
- NCT OF DELHI

GROW WITH US!
INTERNATIONAL KARATE ALLIANCE, KYOKUSHINRYU

- ✓ ORGANIZED SYSTEM
- ✓ QUALITY TRAINING MANUALS
- ✓ WORLD TOURNAMENTS
- ✓ PASSIONATE LEADERSHIP
- ✓ CLEAR GOALS AND PROGRESSION

HONBU TRAINED
INSTRUCTORS:



Jasir Poili | Debayan Ghosh

KY INTERNATIONAL KARATE ALLIANCE • KYOKUSHINRYU • KUSHIN FIGHT ACADEMY

INDIA
COUNTRY MAP
VERSION 2 | 27 MAY 2024

ONE KYOKUSHIN

MYANMAR

極真拳 国際空手道連盟極真流 極真流
INTERNATIONAL KARATE ALLIANCE
KYOKUSHINRYU



Thaung Aye
COUNTRY DIRECTOR

INTERNATIONAL KARATE ALLIANCE • KYOKUSHINRYU •

極真流

SEEKING FOR
BRANCH REPRESENTATION

- SAGAING
- CHIN
- MAGWE
- BAGO
- MON
- TANINTHARY
- KAYIN
- KAYAH
- SHAN

RAKHINE



Than Khae Aung

AYEYARWADY



Thein Aung

KACHIN STATE



Bawm Zung Bashi



Zung Bawm



Min Htet Soe



Ja Tu Git Gu



Byin On

YANGON



Thaung Aye



Aung Aung



Aung Lwin



Tint Htet Naing

MANDALAY



Hein Htet Nyein Chan



Zu Zue



Win Zaw OO Win



Than htun

GROW WITH US!
INTERNATIONAL KARATE ALLIANCE, KYOKUSHINRYU

- ✓ ORGANIZED SYSTEM
- ✓ QUALITY TRAINING MANUALS
- ✓ WORLD TOURNAMENTS
- ✓ PASSIONATE LEADERSHIP
- ✓ CLEAR GOALS AND PROGRESSION

KYOKUSHIN FIGHT ACADEMY

myanmar
COUNTRY MAP
VERSION 1 | 10 MAY 2024

ONE KYOKUSHIN

PHILIPPINES

国際空手道連盟極真流
INTERNATIONAL KARATE ALLIANCE
KYOKUSHINRYU



Usman Baraguir
COUNTRY DIRECTOR

極真流

BULACAN



Bienvenido Abendanio

Rocka Village 2 Plaridel
Ph 2 Covered Court
Rocka Ville Subd. Tabang
Plaridel Bulacan



Mark Christian Mancol

Brian's Gym Sta.Maria Bulacan
Tierra Subd.
Sta. Maria Bulacan

Montessori de Sto Nino of Meycauayan
68 Aries Ph. 38 Brgy. Perez
Sto.Nino Village Meycauayan Bulacan

Atlantic Gym and Fitness Center Baliwag
Tangos, Baliwag, Bulacan

Camella Provence Malolos Bulacan
Gazeebo Camella Provence City of Malolos Bulacan

SM Pulilan
2nd Floor Activity Area SM Pulilan

Romantico Residence Pandi
Isaac st. Brgy. Masuso, Pandi Bulacan

RIZAL



Aldrin Sison

Binangonan Dojo
1038 J.Sumulong
St. Saudi Village
Lunsad Binangonan, Rizal

Fiesta Casitas Karate Club
Fiesta Casitas
Subdivision Brgy
Tatala Binangonan Rizal

SMV Dojo
Phase 4 St. Monique
Valais Pantok
Binangonan Rizal



Artemio Mancol

Gara Dojo Marikina
33 Gil Fernando
Ave Marikina City

Antipolo Sports Hub
Antipolo Sport Hub
Brgy San Isidro antipolo city

Victory Mall Dojo Antiolo
Victory Park & Shop Antipolo

Mancol Empire Dojo
Blk 27 Lot 24 Cottonwood
st Kingsvill Hills Subdivision
Brgy San Isidro Antipolo City

ADB Private Dojo Pasig
ADB Dojo Ortigas Ave, Pasig city



Doyle Bautista



Steven Foo

Cavaliers Dojo (Honbu)
#2 3rd St. Cavaliers
Village Antipolo City

ZAMBALES



Joveth Figueroa

KyokushinRyu Fitcom Gym
39 3rd st. West
Tapinac,
Olongapo City

NCR



Bryan Dizon

Famas Gym
Famas Gym Rolex street,
Regalado west Fairview,
Quezon City

KyokushinFitness Gym
597 LC Bldg Quirino Hi-way
Bagbag Novaliches Q.C,
Quezon City, Philippines



Maria Theresa Cagulada

Maximus Den Fitness Center
36 Conchu St. brgy. Masagana
Proj. 4 Quezon City, Philippines

CAMARINES SUR



William Menes



Roderick Bequillo

Milaor Labas Dojo
Milaor
Camarines Sur

ZAMBOANGA



Carlos Rodrigo Balbon

Zamboanga Branch Ambarakatu Dojo
Marxman Sports Zone,
4th Floor Baliwag
Bakery Building,
Zone 2 Sucabon,
Zamboanga City

Tawi-Tawi Dojo
Barangay Nalil,
Municipality of Bongao,
Province of Tawi-Tawi

APAYAO

Kyokushin Apayao Dojo
Manag ,
Conner Apayao



Francisco Almazan Jr.

CAGAYAN

Cagayan Tuguegarao Dojo
Brickstone Mall
Tuguegarao City,
Cagayan

Cagayan Main gym
Sta.Teresa ,
Iguig Cagayan

Iguig Dojo
Brgy. Sta.Teresa,
Iguig, Cagayan



Moises Rocapor

ALCALA DOJO
zone 6 centro sur
Alcala Cagayan



Jay Ann Juan

Tuguegarao City Dojo
#89 Macababbad St.
Linao East, Tuguegarao City, Cagayan

Striker Martial Art Gym
#89 Macababbad st.Linao East



Christopher Mallillin

Ugac Dojo
Ugac Tuguegarao



Ronald Canceran Jose

Lannig Dojo
Calumbuyan street,
lannig, solana,
cagayan (region 2)

Dassun Dojo
Zone 2, dassun
malacabibi, Solana,
cagayan(region 2)



Roy Flores

QUEZON

NQCI BLUE CARABAO DOJO
Brgy. Comon
Infanta, Quezon

JMB FIGHTERS DOJO
Brgy. Comon
Infanta, Quezon



Joffren Buerano

EASTERN SAMAR

Dolores Eastern Samar Dojo
Dolores Eastern
Samar

HILABAAN DOJO
Hilabaan Dolores
Eastern Samar
Philippines

Sta Munica Dojo
Eastern Samar,
Philippines



Bernardo Clavo Laniog

NCR

HILABAAN DOJO
Hilabaan Dolores
Eastern Samar
Philippines



Aaron Bardinas

NCR

Brawlers Lab Dojo KyokushinRyu
Valenzuela 30 San
Vicente st Valenzuela City



Eagle Liup

Maguindanao

Sultan Mastura Dojo
Sultan Mastura gym,
Tapayan Sultan
Mastura, Maguindanao



Pepito Latiph

COTABATO

IKAK OPOLO DOJO
P4 blk3 lot 64 Citihomes
Malanang Opol,
Misamis Oriental

Cagayan de Oro Dojo
Redcorner Boxing
Gym Kauswagan
Cagayan De Oro City



Romeo Palma

COTABATO

Cotabato Dojo
44 Sousa Street,
Cotabato City



Usman Baraguir

Franklyn Ibanez Dojo
Iligan City



Franklyn Ibanez



Raf Samal

BICOL



Jerime Bongalos

South Cotabato

Sultan Kudarat Dojo
Palimbang,
Sultan Kudarat



Egin Talapas

Rock Valley Christian College Foundation Inc
Barangay Poblacion, Davao
Cotabato Rd, Makilala, Cotabato



George Fernandez

KYOKUSHIN FIGHT ACADEMY

PHILIPPINES
COUNTRY MAP
VERSION 6 | 24 MAY 2024

ONE KYOKUSHIN

SOCIAL MEDIA ACCOUNTS

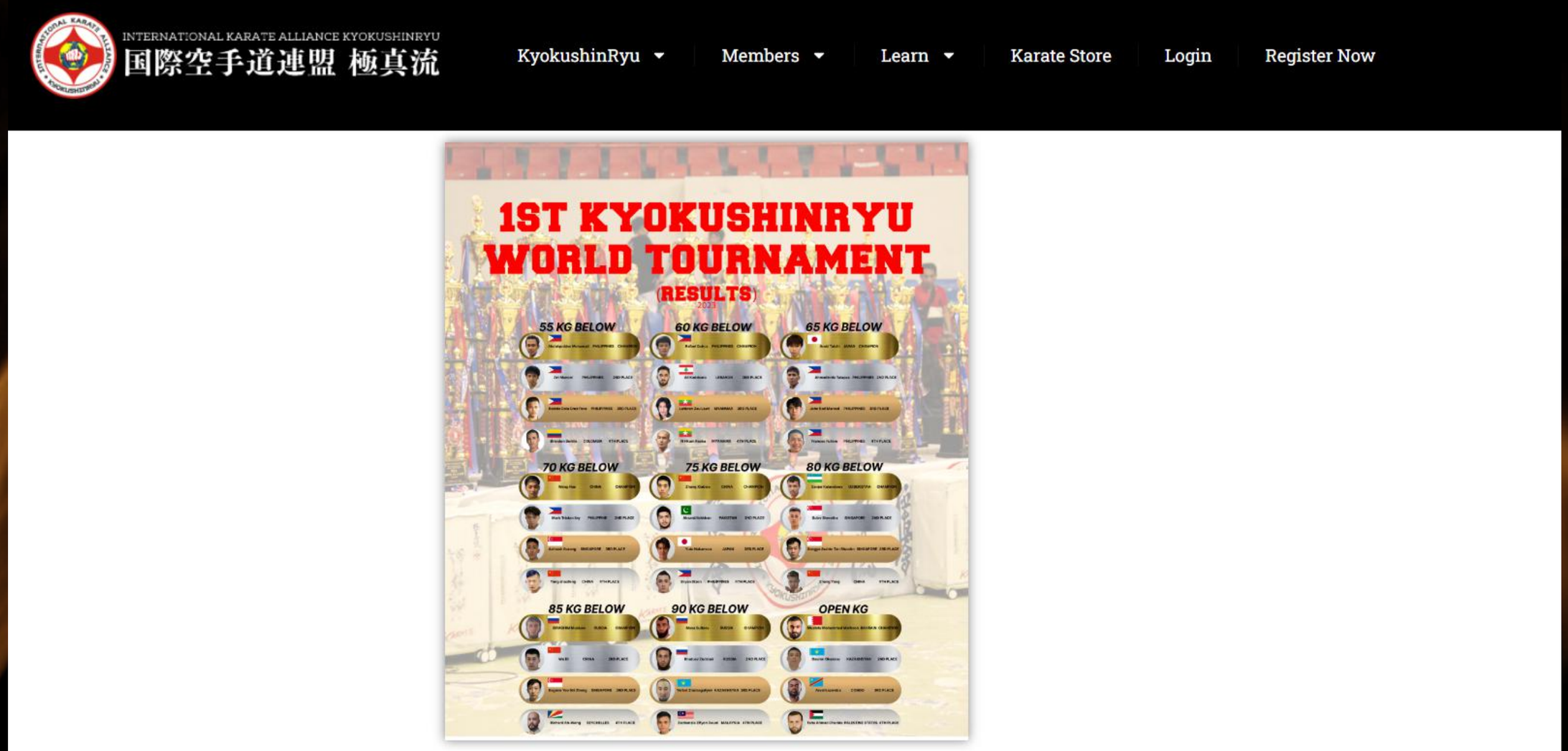
FB/InternationalKarateAllianceKyokushinRyu



@kyokushinryuofficial



WEBSITE: IKAK.NET



TRANSCRIPT OF RECORDS

国際空手道連盟極真流 INTERNATIONAL KARATE ALLIANCE, KYOKUSHINRYU

Transcript of Record



Ronn Magsino Sevilleno

Country: **Philippines**

Rank: **10th Kyu (Juu Kyu)** NOT CERTIFIED

Katakana:

Member Since: **31-May-2022**

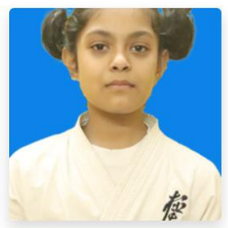
Membership #: **2020-9898-3838-6733**

10TH KYU

CODE	DESCRIPTION	DATE
No data available in table		

国際空手道連盟極真流 INTERNATIONAL KARATE ALLIANCE, KYOKUSHINRYU

Transcript of Record



Annesha Khan

Country: **India**

Rank: **9th Kyu (Ku Kyu)** NOT CERTIFIED

Katakana:

Member Since: **31-Jan-2024**

Membership #: **2019-9898-3838-4447**

9TH KYU

CODE	DESCRIPTION	DATE
No data available in table		

国際空手道連盟極真流 INTERNATIONAL KARATE ALLIANCE, KYOKUSHINRYU

Transcript of Record



Ziyi Zhou

Country: **China**

Rank: **8th Kyu (Hachi Kyu)** NOT CERTIFIED

Katakana:

Member Since: **29-Oct-2023**

Membership #: **2022-9898-3838-6163**

8TH KYU

CODE	DESCRIPTION	DATE
No data available in table		

国際空手道連盟極真流 INTERNATIONAL KARATE ALLIANCE, KYOKUSHINRYU

Transcript of Record



John Rhyis Palatan Abana

Country: **Philippines**

Rank: **7th Kyu (Shichi Kyu)** NOT CERTIFIED

Katakana:

Member Since: **31-Jul-2023**

Membership #: **2020-9898-3838-8195**

7TH KYU

CODE	DESCRIPTION	DATE
No data available in table		

国際空手道連盟極真流 INTERNATIONAL KARATE ALLIANCE, KYOKUSHINRYU

Transcript of Record



Mingyu Ge

Country: **China**

Rank: **6th Kyu (Roku Kyu)** NOT CERTIFIED

Katakana: ミンギュ・グ

Member Since: **31-Jul-2024**

Membership #: **2022-9898-3838-6042**

6TH KYU

CODE	DESCRIPTION	DATE
No data available in table		

国際空手道連盟極真流 INTERNATIONAL KARATE ALLIANCE, KYOKUSHINRYU

Transcript of Record



Alexandra Darnay

Country: **Slovakia**

Rank: **5th Kyu (Go Kyu)** NOT CERTIFIED

Katakana:

Member Since: **28-Jun-2021**

Membership #: **2020-9898-3838-9799**

5TH KYU

CODE	DESCRIPTION	DATE
No data available in table		

国際空手道連盟極真流 INTERNATIONAL KARATE ALLIANCE, KYOKUSHINRYU

Transcript of Record



Kishore Mahenthiran

Country: **India**

Rank: **4th Kyu (Yon Kyu)** NOT CERTIFIED

Katakana: キショール・マヘンティラン

Member Since: **31-Jul-2023**

Membership #: **2022-9898-3838-6380**

4TH KYU

CODE	DESCRIPTION	DATE
No data available in table		

国際空手道連盟極真流 INTERNATIONAL KARATE ALLIANCE, KYOKUSHINRYU

Transcript of Record



Christila Gurung

Country: **Singapore**

Rank: **3rd Kyu (San Kyu)** NOT CERTIFIED

Katakana:

Member Since: **31-Jul-2023**

Membership #: **2022-9898-3838-7899**

3RD KYU

CODE	DESCRIPTION	DATE
No data available in table		

国際空手道連盟極真流
INTERNATIONAL KARATE ALLIANCE, KYOKUSHINRYU

TRANSCRIPT OF RECORDS

国際空手道連盟極真流
INTERNATIONAL KARATE ALLIANCE, KYOKUSHINRYU

Transcript of Record



KISMAT THAPA MAGAR

Country: **Singapore**

Rank: **2nd Kyu (Ni Kyu)** NOT CERTIFIED

Katakana:

Member Since: **28-Oct-2022**

Membership #: **2020-9898-3838-6688**

2ND KYU

CODE	DESCRIPTION	DATE
No data available in table		

国際空手道連盟極真流
INTERNATIONAL KARATE ALLIANCE, KYOKUSHINRYU

Transcript of Record



Joyce Ann Juan

Country: **Philippines**

Rank: **1st Kyu (Ik Kyu)** CERTIFIED

Katakana:

Member Since: **31-Mar-2021**

Membership #: **2020-9898-3838-7762**

1ST KYU

CODE	DESCRIPTION	DATE
MDS 1443	1st Kyu (Ik Kyu) 11-0225. Graded By: CHRISTOPHER CADATAN MALLILLIN	22-April-2024

国際空手道連盟極真流
INTERNATIONAL KARATE ALLIANCE, KYOKUSHINRYU

Transcript of Record



Jinhan Wu

Country: **China**

Rank: **1st Dan (Sho Dan)** CERTIFIED

Katakana: ウー・ジンハン

Member Since: **29-Oct-2023**

Membership #: **2022-9898-3838-6102**

1ST DAN

CODE	DESCRIPTION	DATE
YDS 6821	YUDANSHA 1st Dan (Sho Dan) 2024-6821 Graded By: Xiao Zheng	3-May-2024

国際空手道連盟極真流
INTERNATIONAL KARATE ALLIANCE, KYOKUSHINRYU

Transcript of Record



BARJA KUMAR RAI

Country: **Singapore**

Rank: **5th Dan (Go Dan)** CERTIFIED

Katakana: バルジャ・ライ

Member Since: **07-Dec-2020**

Membership #: **2019-9898-3838-0679**

5TH DAN

CODE	DESCRIPTION	DATE
BCC 4248	SHIBUCHO Certificate Number: 0305	15-July-2023
AC 1092	ARBITER Junior Referee (SAN-SEI) 2024-1092. Graded By: Phillip Armand Moustache	9-November-2023
YC 6804	YUDANSHA 5th Dan (Go Dan) 2024-6804 Graded By: Jackie Fook Hon Chong	8-January-2024

WALLPAPER



1st Dan (Sho Dan)

Kyaw Min

Myanmar

BLACKBELT CARD



The black belt card will be given to you once you complete the training.
Successfully pass your Dan Grading successfully.

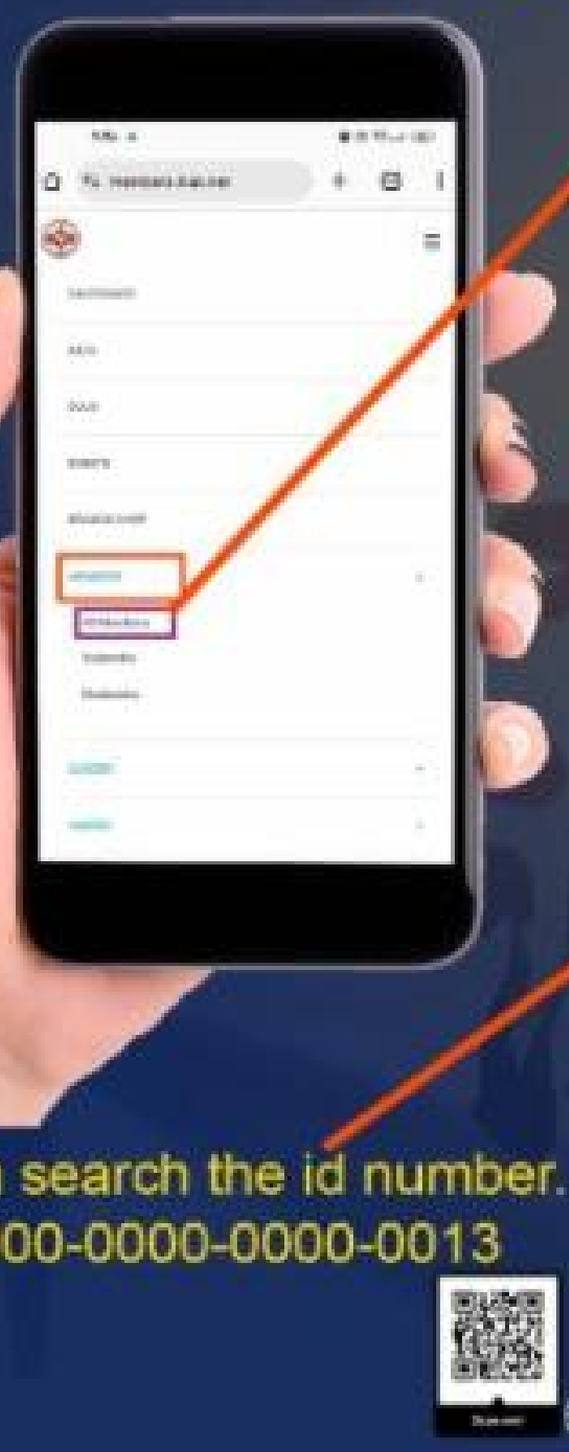
It all depends on what Dan position you're applying for.
To access this, you need a corresponding black belt card.
You require a membership card.

DIGITAL KYOKUSHIN MEMBERSHIP CARD

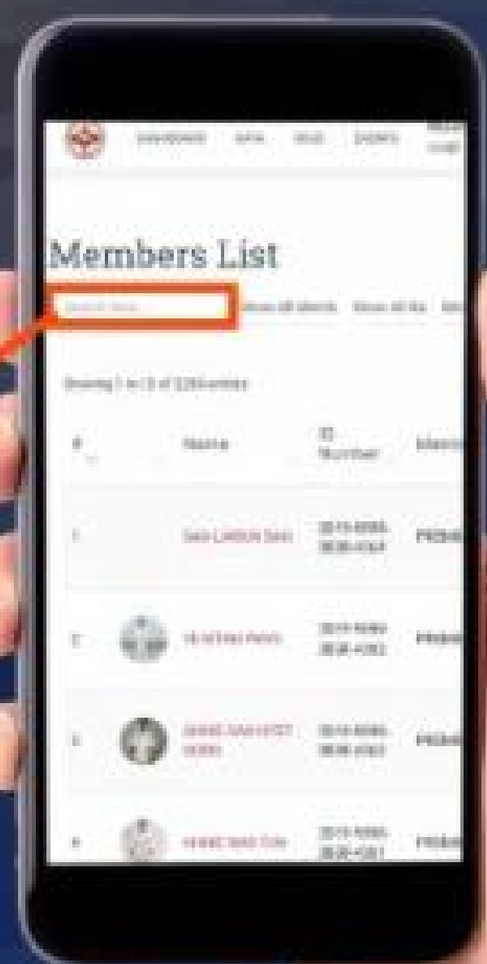


MEMBERSHIP CARD

2. ID NUMBER



Press 'members' to see 'all members' and will it proceed to member list tab.



Here you can search the id number.
for exp: 0000-0000-0000-0013

http://www.ikak.net/

HOW TO USE MEMBERSHIP CARD

Show your card to your sensei

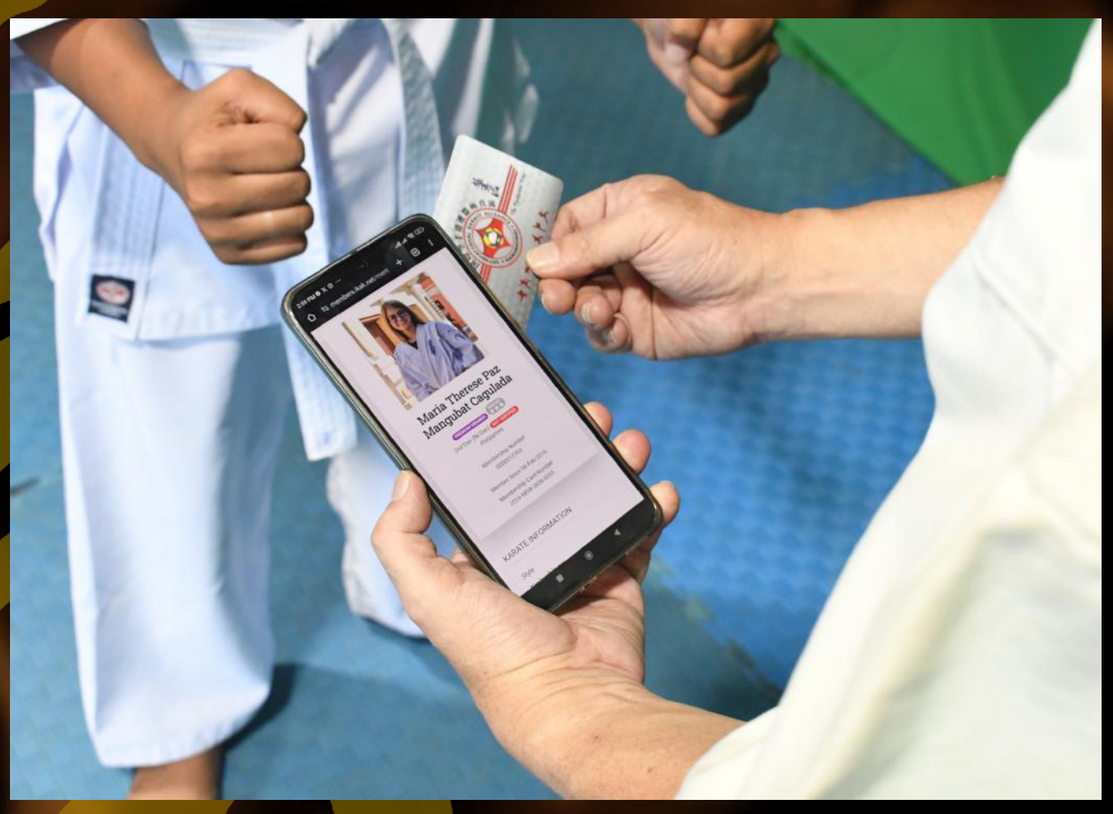




Your sensei will tap or scan the card on the smart phone



Automatically your information will appear







THIS CAN BE USED AS ONLINE ATTENDANCE FOR YOUR STUDENTS

CAN BE USED AS BUSINESS CARD

国際空手道連盟極真流
INTERNATIONAL KARATE ALLIANCE, KYOKUSHINRYU

MEMBERSHIP CARD



ARBITA OFFICIATING PANEL

SHODAN	NIDAN	SANDAN	YONDAN
BADGE	BADGE	BADGE	BADGE
BOLU TIE	BOLU TIE	BOLU TIE	BOLU TIE
JUDGE I.D.	JUDGE I.D.	JUDGE I.D.	JUDGE I.D.
JUDGE CERTIFICATE	JUDGE CERTIFICATE	JUDGE CERTIFICATE	JUDGE CERTIFICATE



ARBITA CARD







HOSHI

1 STAR





NI-SEI

2 STARS













SAN-SEI

3 STARS

YON-SEI

4 STARS

PROPER ATTIRE FOR ARBITA UNIFORM



PROPER ATTIRE FOR ARBITA UNIFORM

KYU CERTIFICATE


極真流
Certificate
認定状

Name

東方古傳日本空手道修行二
Having successfully attained the Kyokushin way and understands the ultimate truth and
心魂ヲ盡シ理業共二大二顕セリ
spiritual forces involved, International Karate Alliance, KyokushinRyu
仍テ　級ノ武ヲ相傳ス
Is hereby granted the rank of ____ Kyu
向後益々業法ヲ究メ切磋
with in recognition of the progress, ability, and knowledge that has been accomplished
by the diligent study and
可有之者也
practice in the art of karate.

Awarded on this _____ day of _____, _____

国際空手道連盟 極真流
International Karate Alliance KyokushinRyu

支部長
Branch Chief

Founder Ryuso Peter Chong (Retired)
In memory of Sosai Masutatsu Oyama.


8TH KYU
極真流
Certificate
認定状

Juan Dela Cruz

Name

東方古傳日本空手道修行二
Having successfully attained the Kyokushin way and understands the ultimate truth and
心魂ヲ盡シ理業共二大二顕セリ
spiritual forces involved, International Karate Alliance, KyokushinRyu
仍テ　級ノ武ヲ相傳ス
Is hereby granted the rank of ____ Kyu
向後益々業法ヲ究メ切磋
with in recognition of the progress, ability, and knowledge that has been accomplished
by the diligent study and
可有之者也
practice in the art of karate.

Awarded on this _____ day of _____, _____

国際空手道連盟 極真流
International Karate Alliance KyokushinRyu

支部長
Branch Chief

Founder Ryuso Peter Chong (Retired)
In memory of Sosai Masutatsu Oyama.

KYU CERTIFICATE





10TH KYU





9TH KYU





8TH KYU





7TH KYU





5TH KYU





6TH KYU

KYU CERTIFICATE





3RD KYU





4TH KYU





2ND KYU





1ST KYU

KYU CERTIFICATE







DAN BELTS


INTERNATIONAL KARATE ALLIANCE
KYOKUSHINRYU


極真流


1st DAN


2nd DAN


3rd DAN


4th DAN


5th DAN


6th DAN


7th DAN


8th DAN


9th DAN

RENSHI BELT

INSTRUCTOR BELT



INSTRUCTOR SHIRTS



INSTRUCTOR SHIRTS



INSTRUCTOR POLO SHIRTS





DISCOVER THE PROFOUND TEACHINGS OF KYOKUSHINRYU



Beyond mastering techniques and the physical aspects of Kyokushin Karate, KyokushinRyu serves as a moral classroom, nurturing values and character traits essential for lifelong growth.



Let KyokushinRyu elevate your spirits and confidence, guiding you towards becoming the best version of yourself.



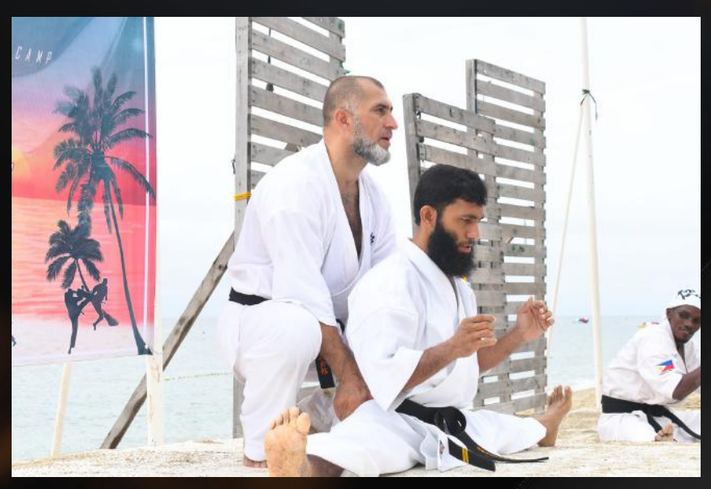
LEADERSHIP



極真会館 国際空手道連盟極真流 INTERNATIONAL KARATE ALLIANCE, KYOKUSHINRYU



















THE ROLE OF AN IKAK BRANCH CHIEF CARRIES SEVERAL ADVANTAGES AND RESPONSIBILITIES



Leadership and Influence: As a Branch Chief, you hold a position of authority and influence within the organization.



Your decisions impact the growth, development, and direction of KyokushinRyu in your region.









Bringing likeminded practitioners together. Events. Courses. Seminars. Tournaments. Fostering a strong community of martial artists.













NETWORK AND COLLABORATION

Branch Chiefs collaborate with other leaders globally.
This network facilitates knowledge exchange, cross-training, and mutual support.

BEING AN IKAK BRANCH CHIEF IS BOTH AN HONOR AND A RESPONSIBILITY.



Your dedication impacts the lives of countless practitioners, and your commitment ensures the art's vitality.



Bloo
mar
circ
Just
plar
grov



3 SWISS KARATEKAS TO TRAIN IN S'PORE

Three Swiss karatekas are here to train under Peter Chong, the local fourth dan chief instructor and master of the Kyokushinkai Karate-Do.

Andreas Fritz, 19, and Roberto Arnone, 24, are both second dan black-belts and instructors in Zurich and their reason here is to improve their martial arts.

The other, Frederic Gutmann, 24, is a lawyer, not a student of Karate. He will stay here and also take to karate, training under Peter Chong on March 16.

Their stay is short, only a month, and with a week to go, they have been practising daily on a tight schedule which includes morning runs, sparring and push-ups and five-a-side football.

Why Singapore? "Because Peter Chong is my friend," said the scaffolder Fritz who is a chief by profession. "We met in Japan six years ago when we were training in Tokyo under Oyama.

"We got to know each other and when we decided to go for advanced karate training, Peter's name immediately came to mind."

The trio are determined to promote karate in their country. Fritz has two dojos with 80 students and Arnone, five dojos with 300 students.

Fritz said karate was fast becoming a popular sport among the Swiss.

An important encouragement awaits Fritz on his return to Zurich. He has been asked to teach karate to policemen and army officers.

Fritz said that there were also karate groups in Switzerland for the deaf and dumb and they are the pride of the city for sportsmen's welfare clubs organise competitions.

The other two will train for 3 hours daily in preparation for tournaments.

In the Swiss national championships for 1972 and 1973, Fritz and Arnone were champions and runner-up for the two years.

Gutmann was in the boxing ring in the Kyokushinkai Karate-Do championships at Zurich in 1972 and 1973.

What does he think of

A pile of burning slabs crumble under the fury of Swiss Markkirt, Andreas Fritz's shocking for during a training session at the Kyokushinkai Karate-Do's gymnasium at King George.

Colombia no to Cup-tie

Bogota, Monday — Colombian tennis officials said yesterday that Colombia will not meet South Africa in the final of the north American zone of the Davis Cup because of that country's racial policies.

Enrique Salamanca, secretary of the Colombian Tennis Federation, said a telegram to that effect had been sent last week-end to Curt Roberts, South Africa's representative to the neighbouring Caribbean and Central American tennis congress.

Colombia was scheduled to meet South Africa in the zone final next May.

Enrique Salamanca said Colombia's refusal to meet South Africa was in accordance with a UN resolution recommending the country be kept out of international matches.

The Mexican government earlier this month refused to allow the Mexican Davis Cup team to play South Africa in the northern zone semi-finals.

—Reuter

TOKYO: Japan, winning last year's defeat, swept both the individual and world matchplay to the second British Player got home-ment at Sunderland.

The eight-ball Japanese team was 11 matches and drew six out of 25 in the two-day 50-ball tournament to beat Britain by a total score of 29 points to 20.

—Reuter

APPOINTMENTS

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SINGAPORE

Singapore opponents? FIRST reply will be of unqualified praise. "They are strong but will lose."

Peter Chong answered that he would have been registered under the martial arts law.

A believer, the Japanese film company which had a million for martial arts paid for a Singapore to outing on semi-final arrangements to "try" for some roles.

The video director, Anthony Wu, said:

"There are parts for three or four old men of at least 50 to play great masters in the film." He said

AT THE CINEMA with EDGAR KOH

THE ALIBI. An exciting drama which begins simply enough by a woman being brought to the hospital by her husband for the birth of their baby. Cathay: 1.45, 4.45, 9.30.

THE MAN WITH THE GOLDEN GUN: The seventh film in which Roger Moore (Cinecitta: 1.30, 4.45, 8.15, 9.30) plays James Bond — the eighth in the world as a personal assistant with a very adventurous past. Shelley: 1.30, 4.45, 8.15.

NOW YOU SEE HIM, NOW YOU DON'T: The first thing you see and you don't see is the villain's clever move to steal the secret of a new anti-gravity device. Kim Novak, Jim Brown and Jim Hutton. Cathay: 1.30, 4.45, 9.30.

OLIVER: An entertaining musical production of the Charles Dickens classic with the winning Mark Lester in the title role. Oliver is the son of the unfortunate production directed by veteran Carol Reed (with Oliver Reed, Ron Moody, Harry Secombe, Shani Wallis and Jack Wild). Magic for Lionel Bart and choreographer Onna White. Odeon: 1.15, 4.30, 8.00.

Roger Moore

THE SPY WHO LOVED ME: Roger Moore as James Bond is back in another thriller. This time he is teamed with Barbara Bach as a Russian agent. Together they try to prevent a madman from destroying the world. Shaw: 1.30, 4.45, 8.15, 9.30.

THE MAN WHO WOULD BE KING: Sean Connery and Michael Caine are experienced as a village in North China called Lo Chan. The Tripling Army, seen as the saviour of the people, is needed to defend the village against the white chieftains. Rivoli: Sundays 1.30, 4.45, 8.00. Fullerton: Mon-Thurs 1.30, 4.45, 8.00. Queen's: Daily 1.45, 4.45, 8.00.

ESCAPE TO ATHENA: Roger Moore, Telly Savalas, Elliott Gould and David Niven are among the stars in this World War II drama. Cathay: 1.30, 4.45, 9.30.

THE MAN WITH THE GOLDEN GUN: The seventh film in which Roger Moore (Cinecitta: 1.30, 4.45, 8.15, 9.30) plays James Bond — the eighth in the world as a personal assistant with a very adventurous past. Shelley: 1.30, 4.45, 8.15.

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KYOKUSHIN - UCHIDESHI

Ryuso Peter Chong made significant contributions to Kyokushin Karate, particularly in Singapore and beyond. He trained many notable instructors in Singapore and traveled extensively to Kyokushin dojos across Europe under Sosai's instruction.

Dedicated to contributing to the global Kyokushin community, Ryuso Peter Chong has revived the Uchideshi program in Philippines to offer students an unparalleled opportunity for intensive training and complete immersion in the rich knowledge passed down through generations. While participating in the program, students also have the chance to connect with fellow Karatekas from around the world, creating a diverse and vibrant learning environment.

UCHIDESHI

Uchi-deshi (内弟子, "inside student") is a Japanese term for a live-in student/apprentice who trains under and assists a sensei on a full-time basis.







In this program, the training will last from six months to one year. The Training will be led by Shihan Steven and other respected shihans and kancho



TRAINING LEAD BY SHIHANS













Part of the Uchideshi program is to study Japanese Class
They learn how to speak and write Japanese

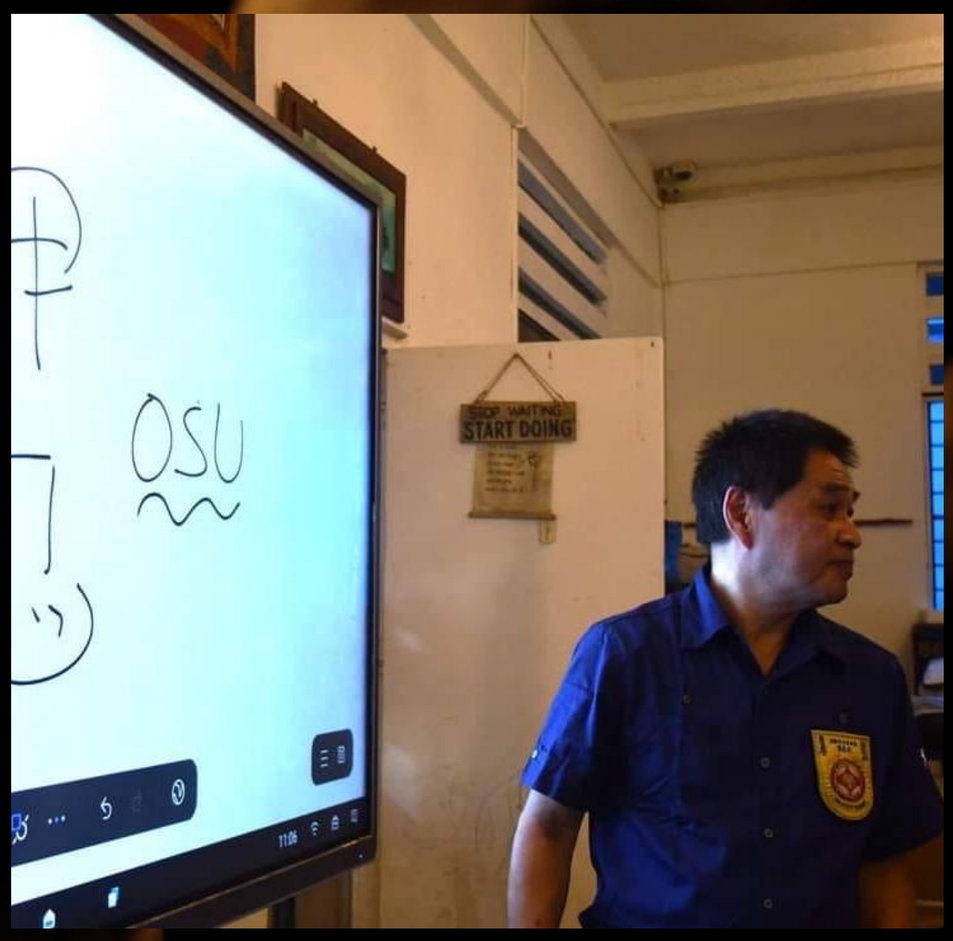
Learning Japanese is under the guidance of Sensei Takita

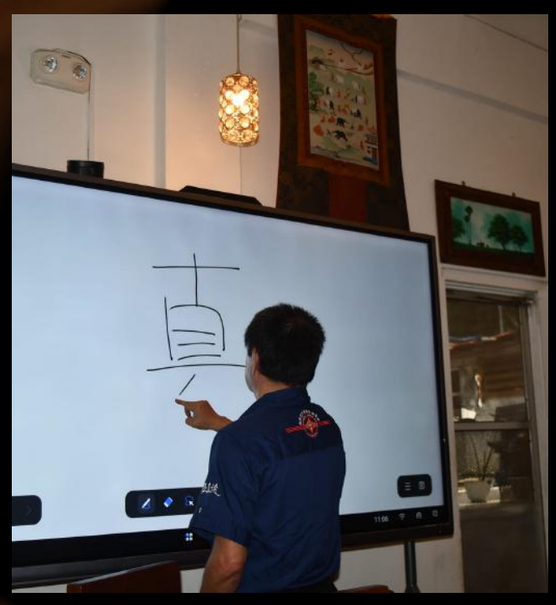








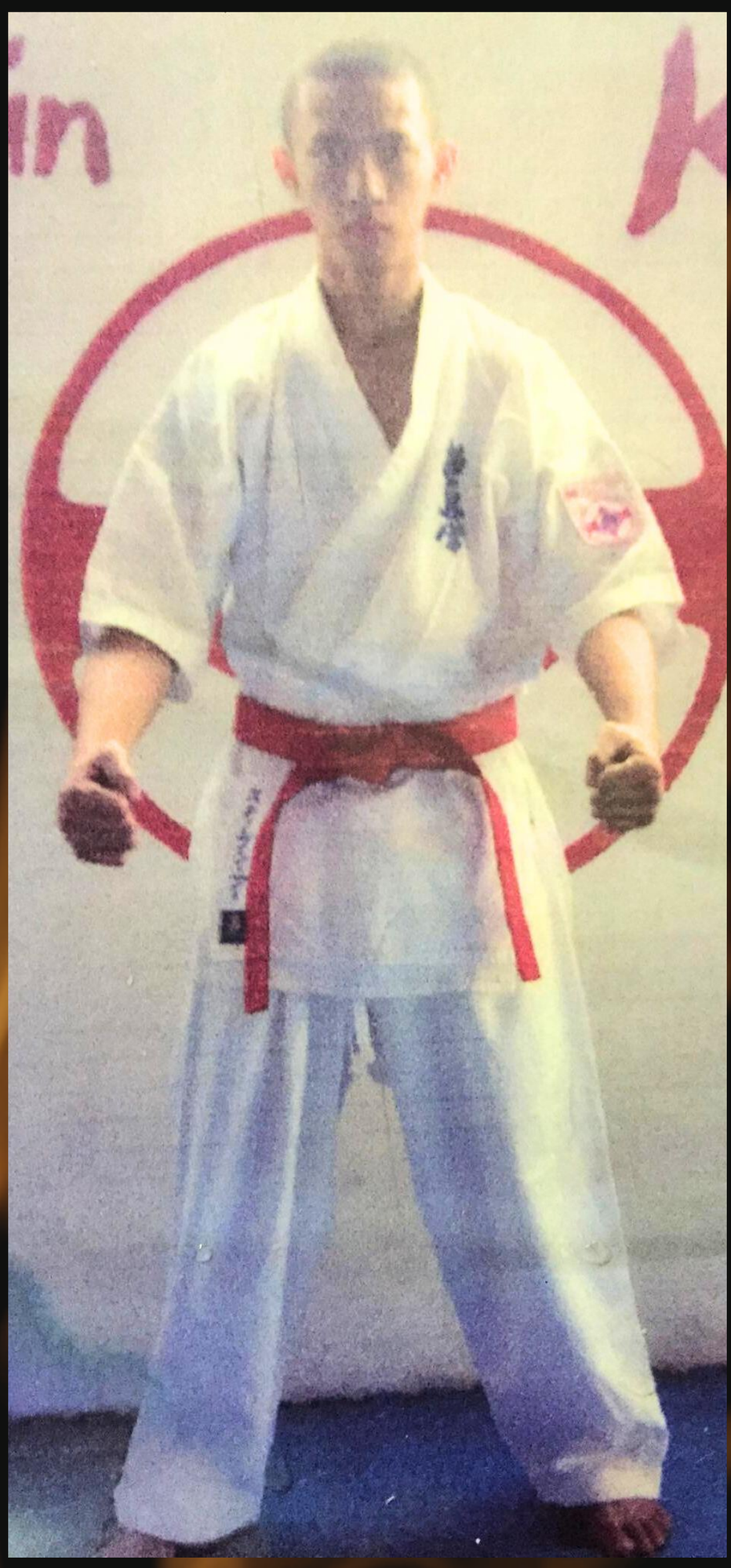






UCHIDESHI









SY: 2003-2005

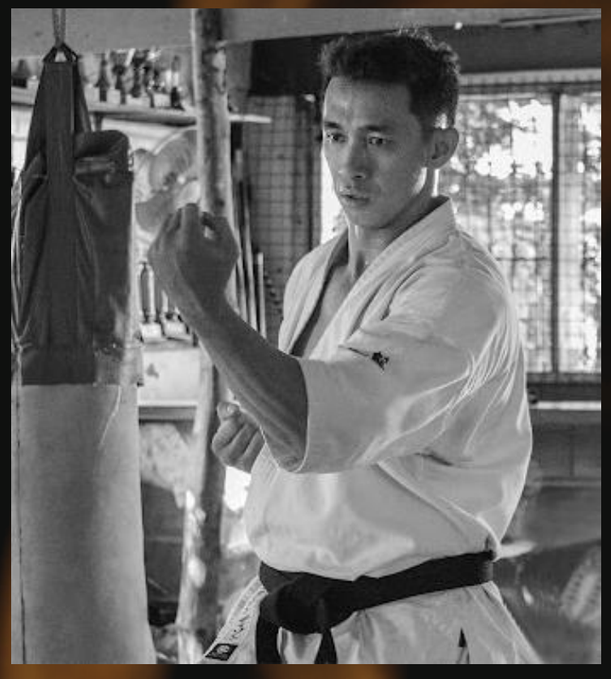


BRYAN DIZON

He is among the first batch of Uchideshi. The period 2003-2004. He is now a branch chief for the Philippines.

SENSEI BRYAN









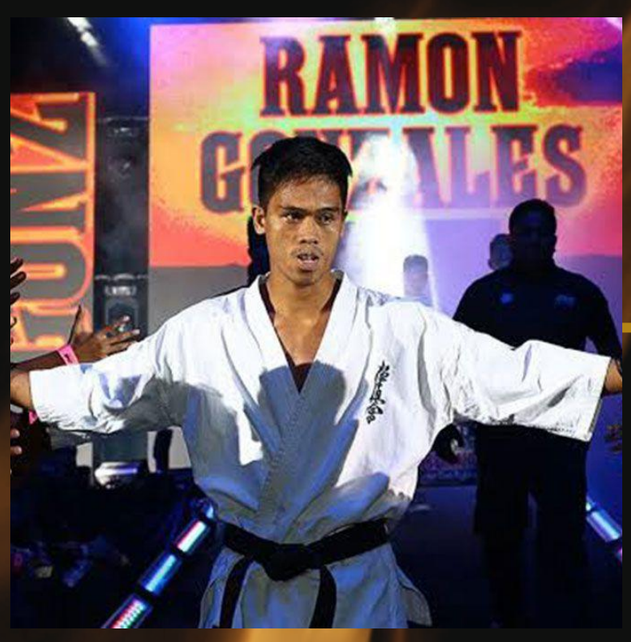






SENSEI ROY CUNLIDA RESFLO

He is among the first batch of Uchideshi. The period 2004-2005.
He is now a branch chief for the Philippines.







SENSEI RAMON GONZALES

He is among the first batch of Uchideshi. The period 2004-2005.
He is now a branch chief for the Philippines.

Sensei Ramon is recognized for his strong background in Kyokushin karate, which has significantly influenced his fighting style

UCHIDESHI 2018-2021















UCHIDESHI

極真流















SY: 2018-2021

UCHIDESHI

SY: 2018-2021



Al-Quddos Mohamad



Ahmed Uy Talapas



Samre Lapida



Eros Buñag



Isaias S. Gonzales



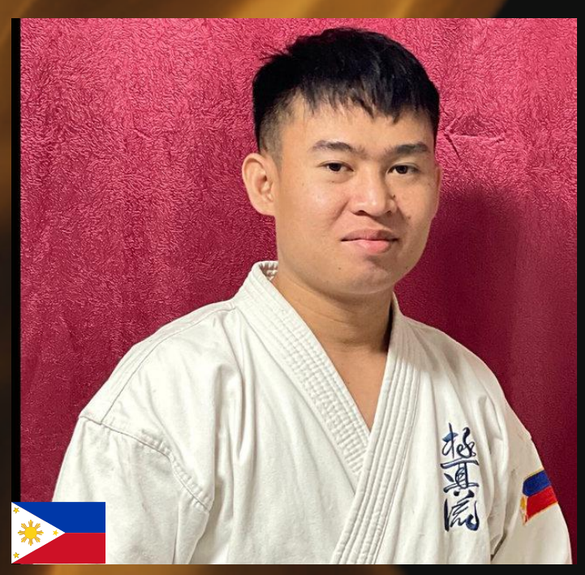
Mark Angel S. Gonzales



Jerime Bongalos



Faustino Baylon



James Salaguste



Justin Gonzales



Marck Ryan Beriña

UCHIDESHI 2022

















MYANMAR

ZuZue

She entered the Uchideshi program in 2022, and now she's the first Female Branch Chief in Myanmar



MYANMAR

Tint Htet Naing

He entered the uchideshi program in 2022, and now he's the instructor in the UAE together with Sensei Manoj Thomas.



BURUNDI

Niyukuri Jean Bosco

He entered the uchideshi program in 2022, and now he's the regional director of East. He has also become an instructor at Burundi Nation

UCHIDESHI

極真流















SY: 2022

UCHIDESHI

SY: 2022



KYAW MIN ZIN

MYANMAR



AUNG KAUNG PAI

MYANMAR



HTET KO KO

MYANMAR



ERICCORY AKISIN

MALAYSIA



KEVIN MENDOZA

PHILIPPINES



ZACHENZIE DOUNI

MALAYSIA



TELAHUN GOSA REGASA

ETHIOPIA



GEORGIOS GIANNAKIS PETROU

GREECE



LEJALEM TILAHUN TEFARA

ETHIOPIA

極真会 国際空手道連盟極真流 極真流
INTERNATIONAL KARATE ALLIANCE, KYOKUSHINRYU

UCHIDESHI 2023















UCHIDESHI

SY:2023



Brandon Bonilla
COLOMBIA



Negusu Solomon
ETHIOPIA



Brandon Bonilla
SRI LANKA



Emmanuel Dushimiyimana
RWANDA



Jasir Poily
INDIA



Lucas Wanyama
KENYA



Sosthene Kello
MADAGASCAR



Saint Aurelien
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Ja Tu
MYANMAR



Byin Oo
MYANMAR



Min Htet Soe
MYANMAR



Zung Bawn
MYANMAR

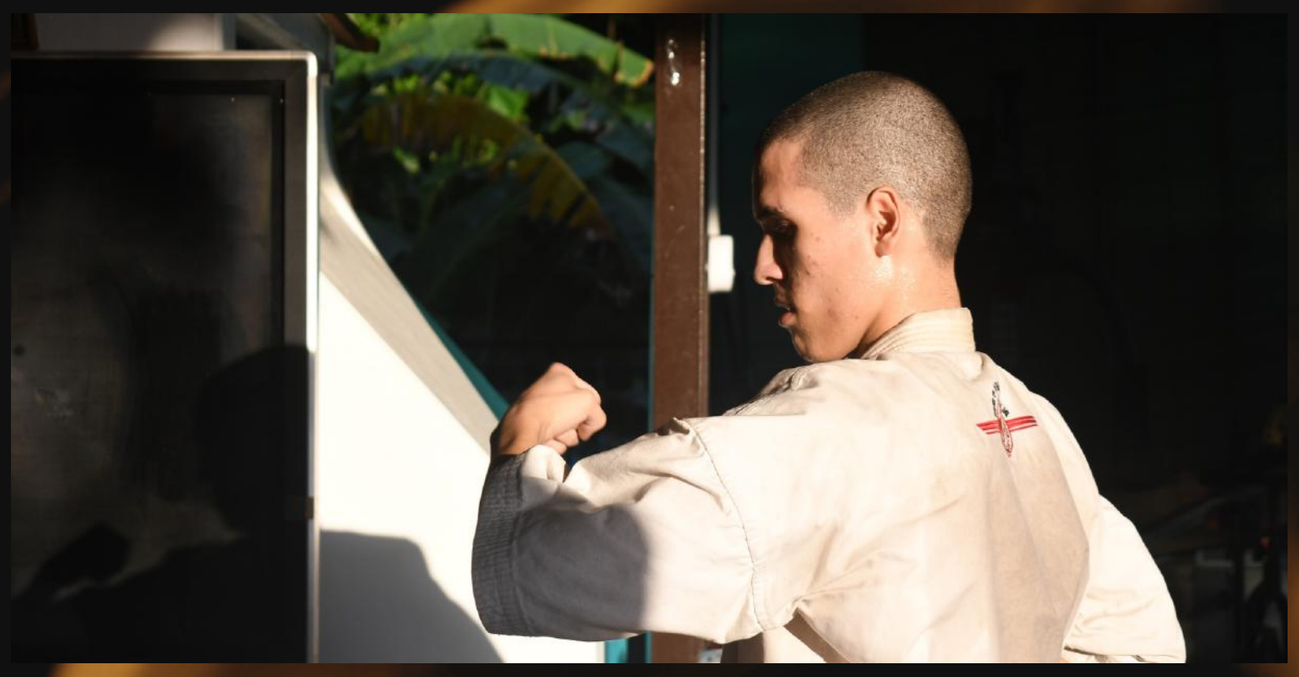
UCHIDESHI

極真流















SY: 2023

UCHIDESHI 2024















UCHIDESHI

極真流















SY: 2024

OUTDOOR TRAININGS

















SHIHAN LECHI KURBANOV

GUEST INSTRUCTOR













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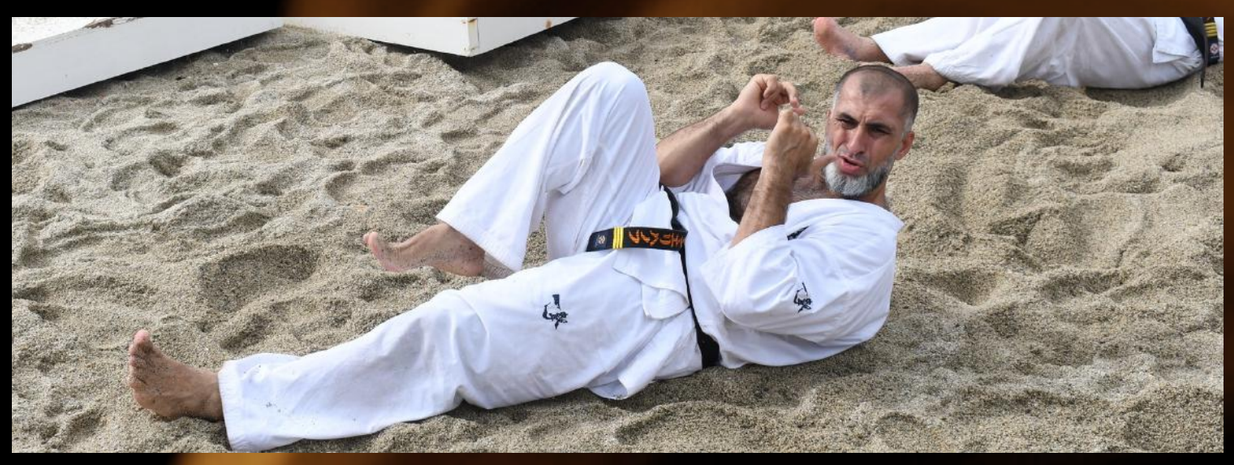




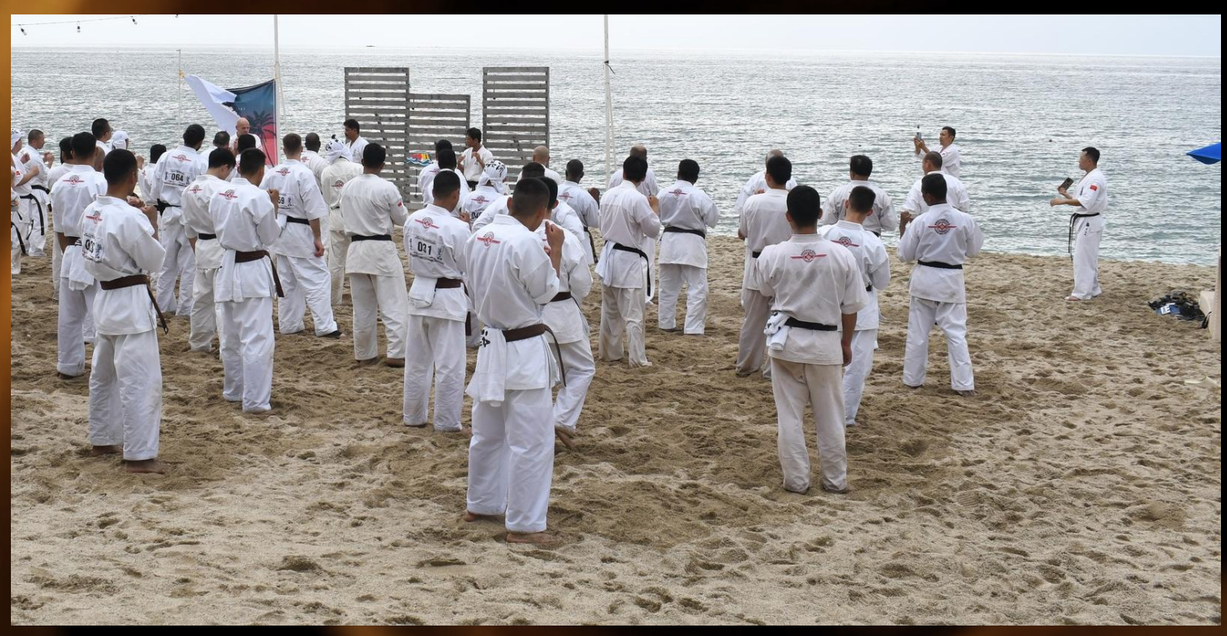
BEACH TRAINING



















KYOKUSHINRYU ALSO OFFERS

- HANBŌ
- KICK BOXING
- KARAMBIT

KARAMBIT







ARNIS

MANNERS FOR ENTERING THE DOJO

KYOKUSHIN DOJO OATH

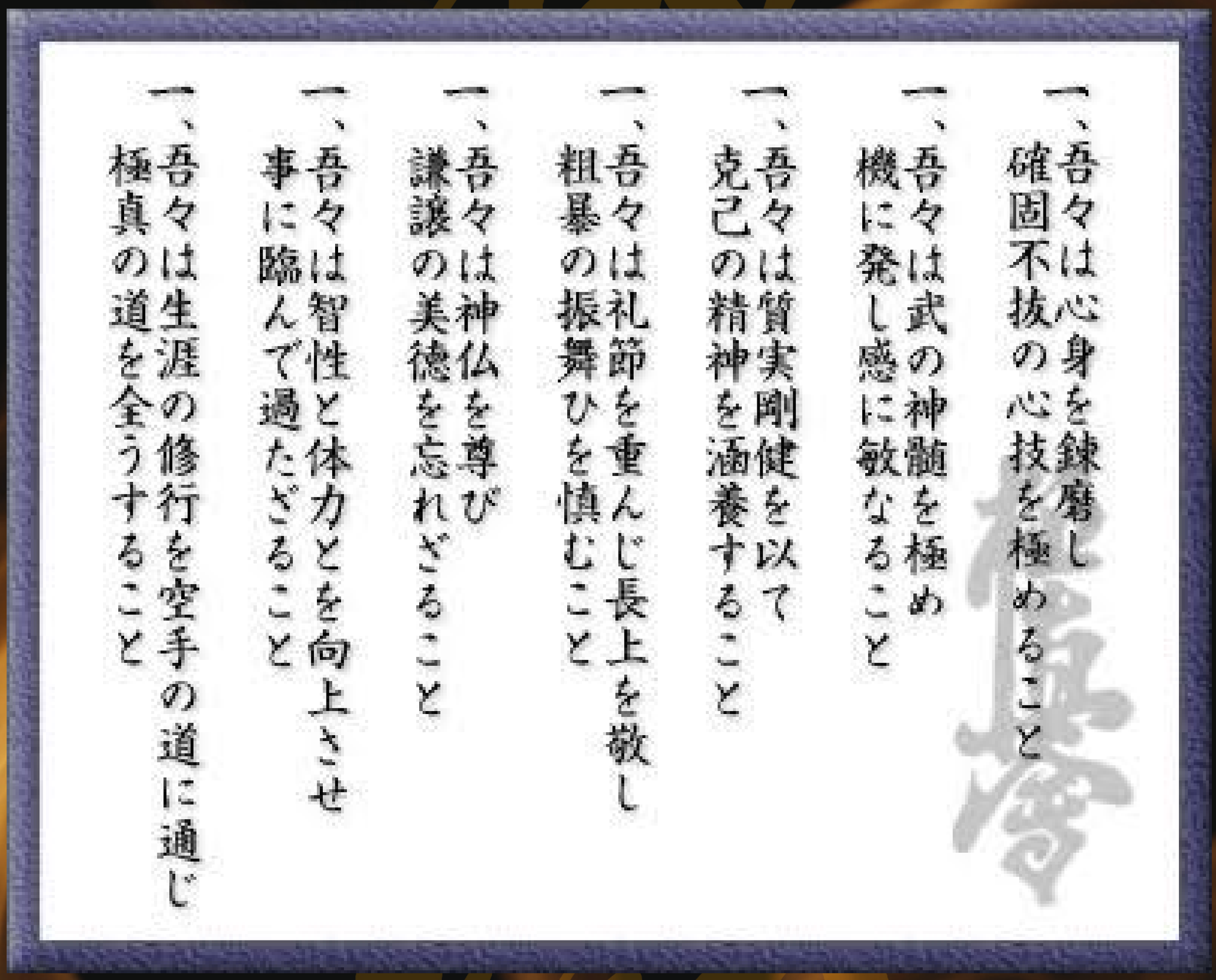
We will train our hearts and bodies, for a firm unshaken spirit.
We will pursue the true meaning of the Martial Way, so that in time our senses may be alert.

With true vigor, we will seek to cultivate a spirit of self-denial.
We will observe the rules of courtesy, respect our superiors, and refrain from violence.

We will follow our religious principles, and never forget the true virtue of humility.

We will look upwards to wisdom and strength, not seeking other desires.
All our lives, through the discipline of Karate, we will seek to fulfill the true meaning of the Kyokushin Way.

KYOKUSHIN DOJO KUN



一、吾々は心身を錬磨し
確固不抜の心技を極めること

一、吾々は武の神髄を極め
機に発し感に敏なること

一、吾々は質実剛健を以て
克己の精神を涵養すること

一、吾々は礼節を重んじ長上を敬し
粗暴の振舞ひを慎むこと

一、吾々は神仏を尊び
謙譲の美徳を忘れざること

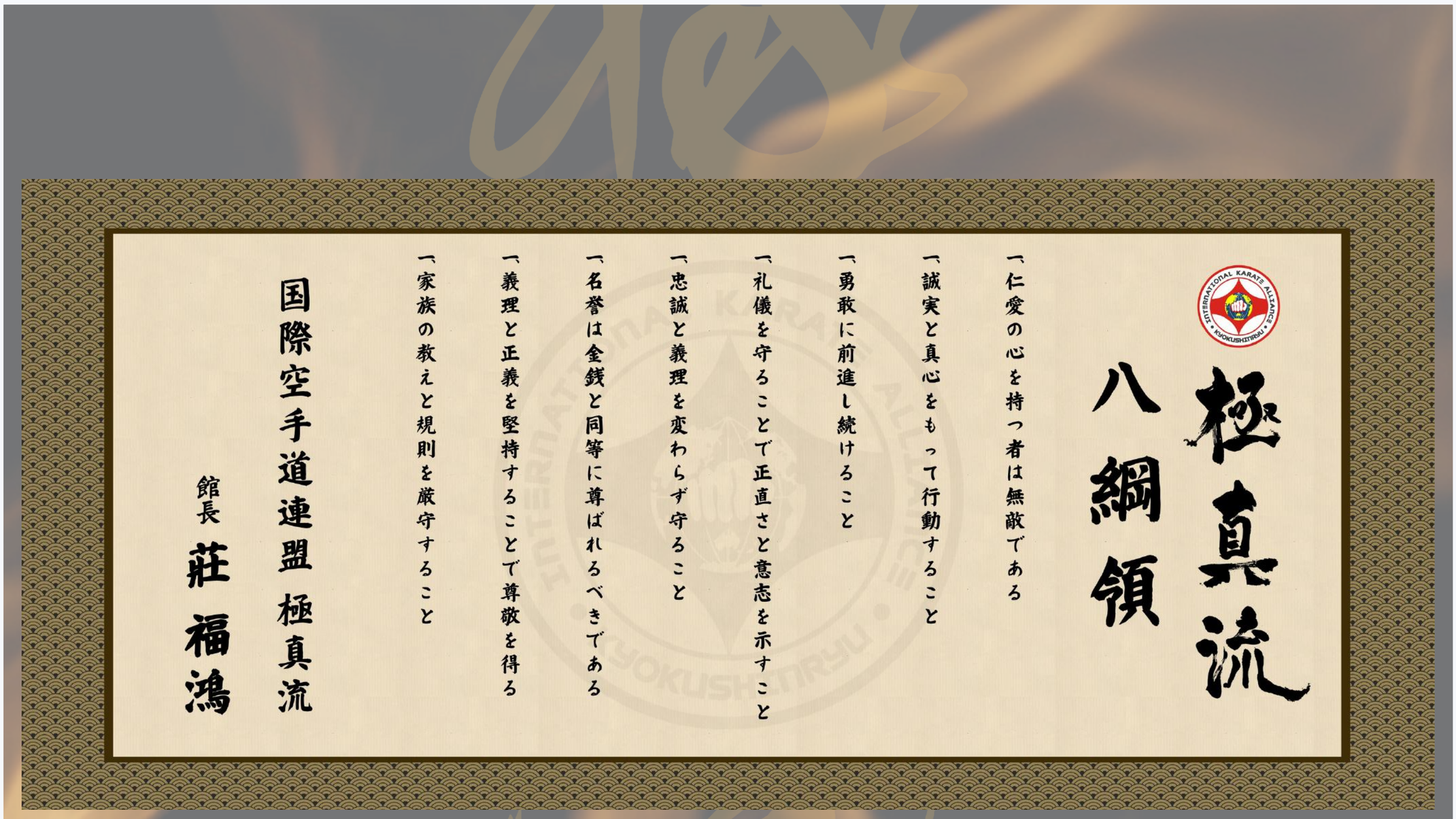
一、吾々は智性と体力とを向上させ
事に臨んで過たざること

一、吾々は生涯の修行を空手の道に通じ
極真の道を全うすること

KUN = JAPANESE VERSION

OATH = ENGLISH VERSION

KYOKUSHINRYU DOJO KUN WITH STAMP



極真流 八綱領

一、仁愛の心をもって行動すること
一、誠実と真心を持つ者は無敵である
一、勇敢に前進し続けること
一、礼儀を守ることで正直さと意志を示すこと
一、忠誠と義理を変わらず守ること
一、名誉は金銭と同等に尊ばれるべきである
一、義理と正義を堅持することで尊敬を得る
一、家族の教えと規則を厳守すること

国際空手道連盟 極真流

館長 荘 福鴻

KYOKUSHINRYU DOJO KUN WITH STAMP

(VERTICAL)

INTERNATIONAL KARATE ALLIANCE • KYOKUSHINRYU •

極真流
八綱領
EIGHT PRINCIPLES

1. THOSE WITH A HEART OF BENEVOLENCE ARE INVINCIBLE.
一、仁愛の心を持つ者は無敵である

1. ACT WITH SINCERITY AND GENUINE INTENT.
一、誠実と真心をもって行動すること

1. BRAVELY CONTINUE TO MOVE FORWARD.
一、勇敢に前進し続けること

1. DEMONSTRATE HONESTY AND WILLPOWER THROUGH COURTESY.
一、礼儀を守ることで正直さと意志を示すこと

1. MAINTAIN LOYALTY AND DUTY WITHOUT CHANGE.
一、忠誠と義理を変わらず守ること

1. HONOR IS AS VALUABLE AS WEALTH.
一、名誉は金銭と同等に尊ばれるべきである

1. EARN RESPECT BY UPHOLDING DUTY AND JUSTICE.
一、義理と正義を堅持することで尊敬を得る

1. ADHERE TO FAMILY TEACHINGS AND RULES.
一、家族の教えと規則を厳守すること

国際空手道連盟極真流
International Karate Alliance, KyokushinRyu

館長 莊福鴻
President Jackie Chong

DOJO


国際空手道連盟極真流
International Karate Alliance, KyokushinRyu
THE ELEVEN MOTTOS OF SOSAI MAS OYAMA
KUSHIN
FIGHT ACADEMY


SHOMEN
国際空手道連盟極真流
International Karate Alliance, KyokushinRyu
THE ELEVEN MOTTOS OF SOSAI MAS OYAMA
DOJO KUN
(DOJO OATH)
極真流


国際空手道連盟極真流
International Karate Alliance, KyokushinRyu
THE ELEVEN MOTTOS OF SOSAI MAS OYAMA
KUSHIN
FIGHT ACADEMY

































ENDING OF TRAINING



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TRAIN WITH US

極真会 国際空手道連盟極真流 極真流

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WHITE BELT



KYOKUSHIN FIGHT ACADEMY

ONE KYOKUSHIN

国際空手道連盟極真流
INTERNATIONAL KARATE ALLIANCE, KYOKUSHINRYU

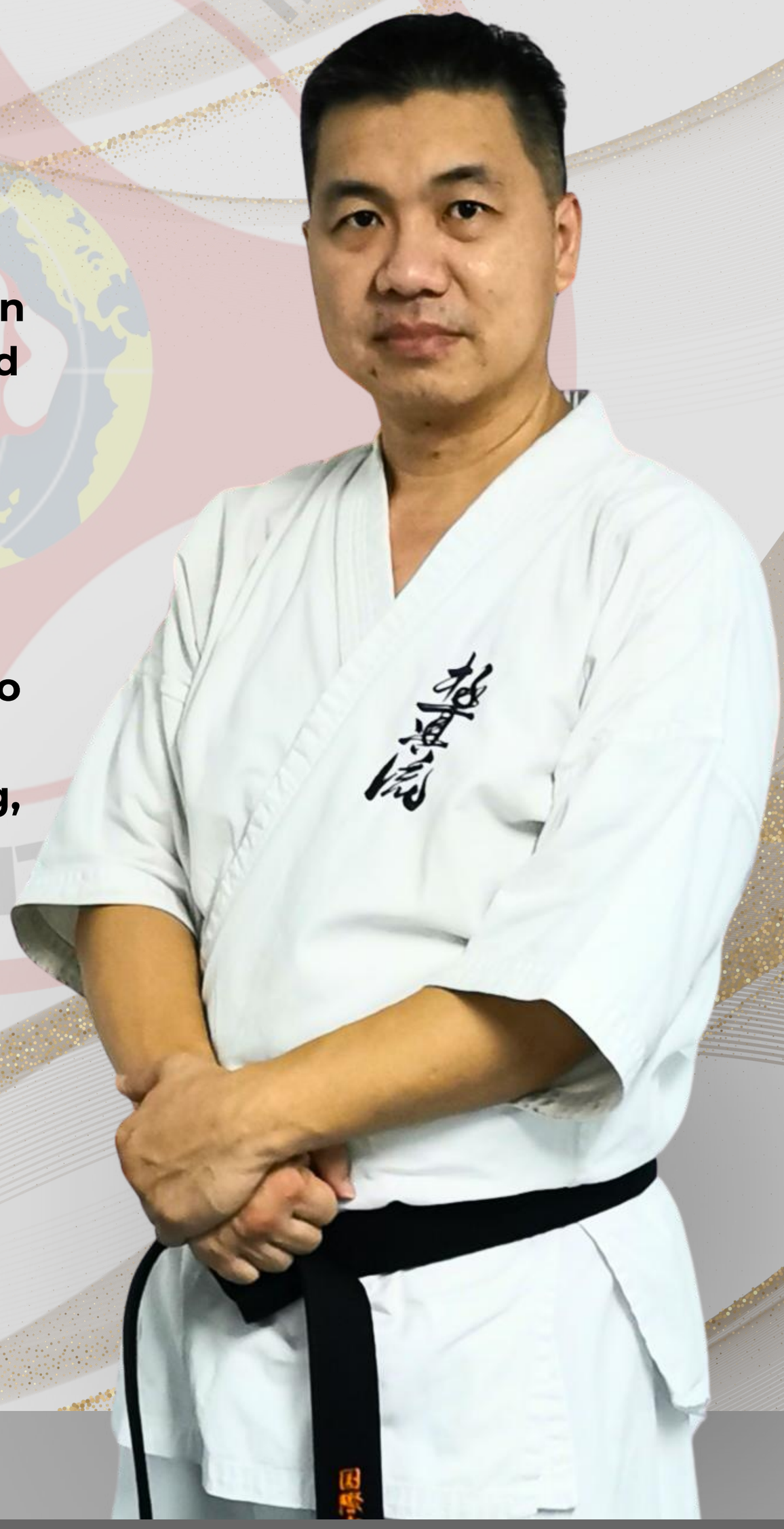
Welcome to the Kyokushin Alliance to all our new members.
Your new journey with us is welcomed by us.

Kyokushin Karate is not discriminatory based on gender, skin color, age or physical ability.
You'll get the right training for your objectives from our knowledgeable instructors and senior students. There's nothing to be worried about.

Furthermore, even during difficult times in your daily training, never give up. You and your senior trainees are always on your side. We should overcome challenges together. These tough experiences will help you grow stronger.

A constant willingness to learn will lead to your growth. Experiment and discover new possibilities. Don't be afraid of failing, be willing to tackle obstacles.
Those experiences will surely help you grow significantly.

I genuinely look forward to your growth and success.



KANCHO JACKIE CHONG
DIRECTOR GENERAL OF KYOKUSHINRYU

TACHIKATA

タチカタ

KYOKUSHIN FIGHT ACADEMY

ONE KYOKUSHIN

HEISOKU DACHI

ヘイソクダチ





- **Bring the toes and heels together**
- **Do not bend the knees (Stands Naturally)**

MUSUBI DACHI

ムスビダチ





Heels together, toes open at about 45 degrees.

FUDO DACHI

フドウダチ



Fudo Daichi

Fudo Dachi, also known as the “immovable stance,” is a fundamental stance in Shotokan Karate. It emphasizes stability and strength, making it ideal for both defense and counter-attacks. Here are some key points about Fudo Dachi:

KOKUTSU DACHI

コウクツダチ

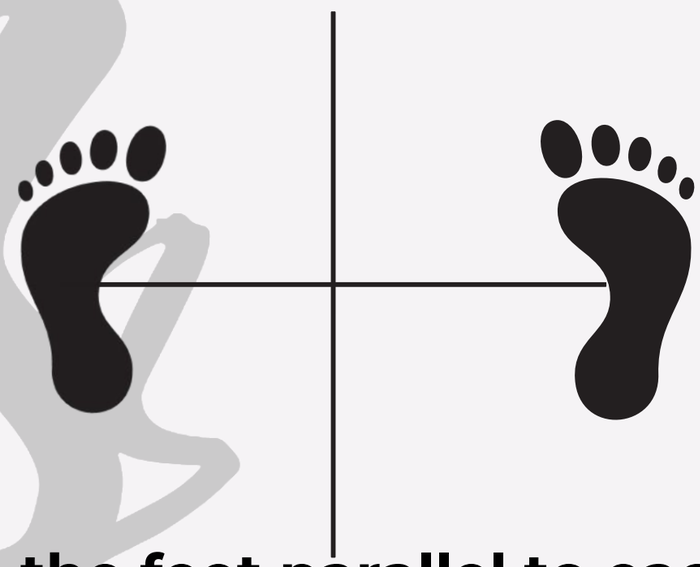


Kokutsu Dachi (後屈立ち), or back stance, is a fundamental stance in karate, particularly in styles like Shotokan.



HEIKO DACHI

ヘイコウダチ

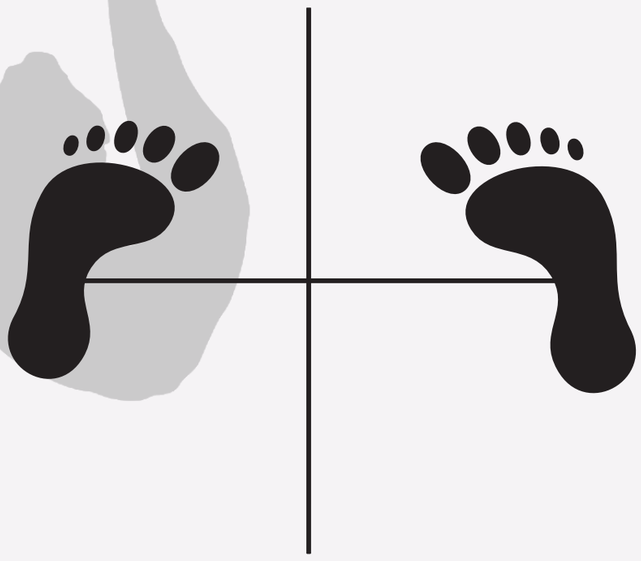


- **Place the feet parallel to each other**
- **The Distance of the left feet and right feet is one foot**
- **Maintain the center of gravity in the middle of both feet to preventing learning to one side**



UCHIHACHIJI DACHI

ウチハチジダチ

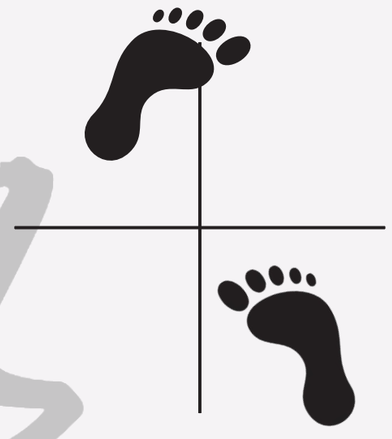


The toes are approximately 45 degrees from each other.



SANCHIN DACHI

サンチンダチ



- Place the front foot's heel
- on the line of the foot's toes
- Turn the front toes inwardslightly bend the knees inward
- Tighten the buttocks
- Naturally lower hips



KUMITE DACHI

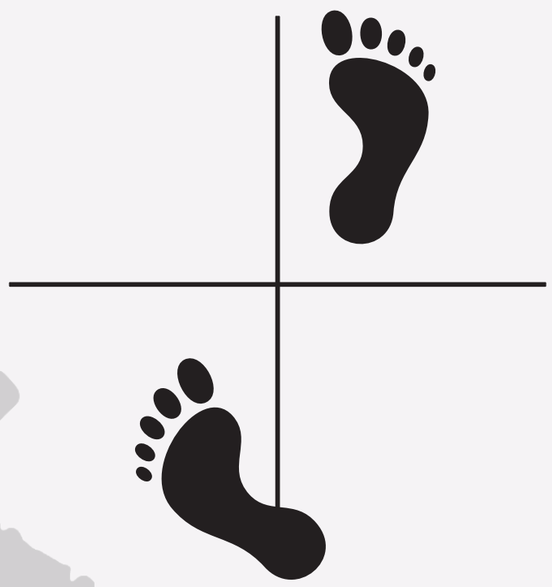
クミテダチ



Kumite Dachi is a fighting stance used in Kyokushin Karate. It is a basic stance where the left foot is placed forward and the right foot is placed backward. Both legs are slightly bent at the knees, and the body is squared forward unless a half-turn han-mi is applied

ZENKUTSU DACHI
ゼンクツダチ

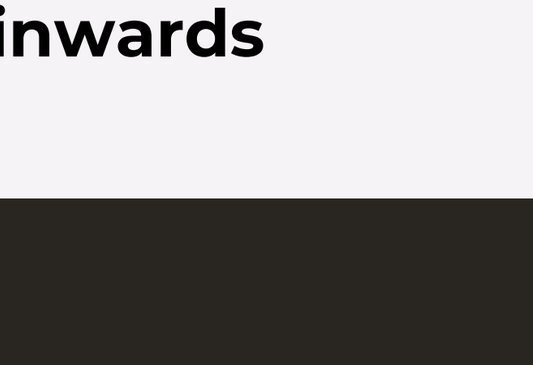




Fully extend the back knee
The center of gravity is slightly forward.
Just ahead of the center
Bend the front knee firmly



KIBA DACHI
キバダチ



Feet are parallel and wide, weight is central and low, with the back straight and the knees and feet pointing slightly inwards

TSURUASHI DACHI

ツルアシダチ





Tthe stance on one leg, where the other leg is raised and bent so that its foot touches the knee of the base leg.

UKE





JODAN UKE

ジョダン ウケ

Jodan Uke is a karate technique that means high-level block or upper block. It is a block that uses the forearm to deflect or stop an incoming attack to the head or upper body. It can be performed with either an open hand or a closed fist, depending on the style of karate.

CHUDAN SOTO UKE

チュダン ソト ウケ

Chudan Soto Uke is a karate technique that means middle-level block to the inside. It is a block that uses the forearm to deflect or stop an incoming attack to the middle section of the body, such as a punch or a kick. It can be performed with either an open hand or a closed fist, depending on the style of karate.





CHUDAN UCHI UKE
チュウダン ウチ ウケ

Chudan Uchi Uke is a fundamental karate block technique commonly practiced in Kyokushin Ryu.

A defense technique with the forearm for the middle part of the body

GEDA BARAI
ゲダン バライ

Gedan Barai is a karate technique that means lower-level sweeping block. It is a block that uses the forearm to deflect or stop an incoming attack to the lower part of the body, such as a kick or a punch. It can be performed with either an open hand or a closed fist, depending on the style of karate.



UCHI UKE GEDAN BARAI

ウチウケ ゲダン バライ



Uchi Uke Gedan Barai is a combination of two karate techniques: Uchi Uke and Gedan Barai. Uchi Uke means middle-level block to the inside and Gedan Barai means lower-level sweeping block. It is a defensive movement that uses the forearms to deflect or stop an incoming attack to the middle or lower part of the body, such as a punch or a kick. It can be performed with either an open hand or a closed fist, depending on the style of karate.

TSUKI





SEIKEN CHUDAN TSUKI

ツキセイケン チュダン ツキ

MIDDLE PUNCH

Forefist thrust to the stomach. It is a punch delivered with the front (seiken) hand at the middle (chudan) level of the opponent’s body.



SEIKEN JODAN TSUKI

セイケン ジョダン ツキ

UPPER PUNCH

A forefist thrust to the face. It is a punch delivered with the front (seiken) hand at the upper (jodan) level of the opponent’s head. It is similar to Seiken Chudan Tsuki, but aimed higher. It can be used to attack the nose, jaw, temple, or eyes of the opponent.



SEIKEN AGO UCHI

セイケン アゴウチ

(PUNCH TO THE CHIN)

A forefist strike to the chin. It is a punch delivered with the front (seiken) hand to the chin (ago) of the opponent.



SEIKEN SHITA TSUKI

セイケン シタツキ

(UPPER CUT)

A forefist thrust to the lower abdomen. It is a punch delivered with the front (seiken) hand to the lower (shita) part of the opponent's body. It can be used to attack the solar plexus, bladder, or groin of the opponent.



SEIKEN KAGI TSUKI

セイケン カギ ツキ

HOOK PUNCH

Seiken Kagi Tsuki is a karate technique that means hook punch or roundhouse punch. It is a punch that curves around the opponent's guard, striking with the front two knuckles of the fist. It can be used to target the head, body, or ribs of the opponent.



SEIKEN TATE TSUKI

セイケン タテ ツキ

VERTICAL PUNCH

Seiken Tate Tsuki is a karate technique that means vertical punch. It is a punch that is delivered with the fist in a vertical position, with the thumb facing up and the palm facing inward. It can be used to target the solar plexus, throat, or chin of the opponent.



HIJI AGO UCHI

ヒジ アゴ ウチ

Hiji Ago Uchi is a karate technique that means elbow chin strike. It is a strike that uses the elbow to hit the chin of the opponent, usually from a close range. It can be used to knock out or stun the opponent, or to create an opening for another attack.



URAKEN GANMEN UCHI

ウラケン ガメン ウチ

Uraken Ganmen Uchi is a back knuckle strike to the head in Kyokushin Karate 12. It is a powerful technique that is executed by striking the opponent's face with the back of the fist 1. The technique is performed by rotating the hips and shoulders, and then striking the opponent's face with the back of the fist 1.



URAKEN SAYUU UCHU

ウラケン サユウウチ

Uraken Sayyu Uchi is a karate technique that means back knuckle side strike. It is a strike that uses the back of the knuckles to hit the side of the opponent's head, usually from a medium range. It can be used to target the temple, ear, or jaw of the opponent.

BACK FIST STRIKE TO THE SIDE/SLPEEN



URAKEN HIZO UCHI

ウラケン ヒゾウ ウチ

Uraken Hizo Uchi is a karate technique that means back knuckle spleen strike. It is a strike that uses the back of the knuckles to hit the spleen area of the opponent, usually from a medium range. It can be used to cause pain, damage, or knockdown to the opponent.

BACK FIST STRIKE TO THE SIDE



KNIFE HAND STRIKE TO THE SIDE/SLEEN

SHUTO HIZO UCHI

シュトウ ヒゾウウチ

Shuto Hizo Uchi is a karate technique that means knife hand strike to the spleen. It is a strike that uses the edge of the hand to hit the spleen area of the opponent, usually from a medium range. It can be used to cause pain, damage.



INSIDE KNIFE HAND STRIKE

SHUTO UCHI UCHI

シュトウ ウチウチ

Shuto Uchi Uchi is a karate technique that means knife hand inside strike. It is a strike that uses the edge of the hand to hit the inside of the opponent’s arm, usually from a close range. It can be used to deflect, trap, or counter the opponent’s attack.

URAKEN MAWASHI UCHI

ウラケン マワシ ウチ



(Round House Back Fist Strike)

Uraken Mawashi Uchi is a karate technique that means back knuckle roundhouse strike. It is a strike that uses the back of the knuckles to hit the opponent in a circular motion, usually from a medium range. It can be used to target the head, face, or body of the opponent.



KNIFE HAND STRIKE TO THE SIDE/SLEEN

SHUTO HIZO UCHI

シュトウ ヒゾウウチ

Shuto Hizo Uchi is a karate technique that means knife hand strike to the spleen. It is a strike that uses the edge of the hand to hit the spleen area of the opponent, usually from a medium range. It can be used to cause pain, damage.



INSIDE KNIFE HAND STRIKE

SHUTO UCHI UCHI

シュトウ ウチウチ

Shuto Uchi Uchi is a karate technique that means knife hand inside strike. It is a strike that uses the edge of the hand to hit the inside of the opponent’s arm, usually from a close range. It can be used to deflect, trap, or counter the opponent’s attack.



SHUTO SAKOTSU UCHI
シュト サコツ ウチ

Shuto Sakotsu Uchi is a karate technique that means knife hand strike to the collar bone. It is a strike that uses the edge of the hand to hit the collar bone of the opponent, usually from a downward angle. It can be used to cause pain, damage, or knockdown to the opponent.

DESCENDING KNIFE HAND STRIKE TO COLLAR BONE



SHUTO SAKOTSU UCHIKOMI
シュト サコツ ウチコミ

Shuto Sakotsu Uchikomi is a karate technique that means knife hand strike to the collar bone. It is a strike that uses the edge of the hand to hit the collar bone of the opponent, usually from a downward angle. It can be used to cause pain, damage, or knockdown to the opponent.

DRIVING KNIFE HAND STRIKE TO COLLARBONE



MAWASHI TSUKI

マワッシー

The practitioner aims to strike an opponent’s head (such as the ear, temple, or jaw) or body (such as the ribs) from a lateral angle.



KERI

MAE KEAGE

マエ ケアゲ



The technique is performed by stepping forward with the front leg and snapping the foot upward, striking the opponent with the ball of the foot



UCHIMAWASHI

ウチマワシ

Uchi Mawashi, a karate technique that means inside reverse kick. It is a kick that uses the ball of the foot to hit the target with a snapping motion, usually from a short range.

SOTOMAWASHI

ソトマワシ



Soto Mawashi, a karate technique that means outside reverse kick. It is a kick that uses the ball of the foot to hit the target with a snapping motion, usually from a short range. It can be used to target the groin, stomach, chest, or face of the opponent.

HIZA GERI



ヒザ ゲリ

Hiza Geri is a karate technique that means knee strike. It is a close-range attack that can target various parts of the opponent’s body, such as the groin, stomach, or head. To perform Hiza Geri, the practitioner lifts the knee up and thrusts it forward, using the hip and body weight to generate power.

KIN GERI
キン ゲリ



Kin Geri is a karate technique that means groin kick. It is a self-defense kick that targets the opponent's genital area. It is performed like a front kick, but with the instep or the toes instead of the ball of the foot. Kin Geri can be very effective and painful, but it also requires accuracy and timing.

MAWASHI GERI

マワシ ゲリ



Mawashi Geri is a karate technique that means roundhouse kick. It is a kick that strikes the target with the foot or the shin, while spinning the body sideways. Mawashi Geri can be performed from different stances and angles, and can target various parts of the opponent’s body.



MAE GERI

マエゲリ

To perform Mae Geri, the practitioner lifts the knee straight forward, while keeping the foot and shin either hanging freely or pulled to the hip, and then straightening the leg in front of the practitioner and striking the target area with either the ball of the foot, the heel, or the top of the foot



KANSETSU GERI

カンセツ ゲリ

Kansetsu Geri is a karate technique that means joint kick. It is a stomping kick or low side kick aimed at the side or back of an opponent’s knee. This kick can be very effective and painful, but it also requires accuracy and timing.



USHIRO GERI

ウシロ ゲリ

Ushiro Geri is a karate technique that means back kick. It is a kick that strikes the target behind the practitioner with the heel or the sole of the foot. Ushiro Geri can be performed from different stances and angles, and can target various parts of the opponent’s body, such as the head, ribs, or thigh.

