
TEAM PHILIPPINES
THE ELEVEN MOTTOS OF SOSAI
Knowing this, learn never to fear
Always remember: In the Martial Arts the rewards of a
Grateful heart are truly abundant.
-Sosai


We will pursue the true meaning of the martial way, So that in time, our senses may be alert.
With true vigor, we will seek to cultivate a spirit of self-denial.
We will observe the rules of courtesy, respect our superiors and refrain from violence.
We will follow our religious principles and never foget the true virtue of humility.
We will look upwards to wisdom and strength, not seeking other desires.
All our lives, through the discipline of karate, we will seek to fulfill the true meaning of the kyokushin way.




With true vigor, we will seek to cultivate a spirit of self-denial.
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In the Martial Arts, introspection begets wisdom.
Always see contemplation on your action as an opportunity to improve.
The nature and purpose of the Martial Way is universal.
All selfish desires should be roasted in the tempering fires of hard training.
The Martial Arts begins with a point and end in a circle.
Straight lines stem from this principle.
The true essence of the Martial Way can only be realized through experience.
Knowing this, learn never to fear its demands.
Always remember: In the Martial Arts the rewards of a confident and
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" If you do not overcome your tendency to give up easily, your life leads to nothing "
-Sosai Mas Oyama
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faith
KARATE-DO


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The Martial Way begins and ends with courtesy.
Therefore, be properly and genuinely courteous at all times.
Following the Martial Way is like scaling a cliff - continue upwards without rest. It demands absolute and unfaltering devotion to the task at hand.
Strive to seize the initiative in all things, all the time guarding against actions stemming from selfish animosity or thoughtlessness.
Even for the Martial Artist, the place of money cannot be ignored.
Yet one should be careful never to become attached to it.
The Martial Way is centered in posture.
Strive to maintain correct posture at all times.
The Martial Way begins with one thousand days and is mastered after ten thousanddays of training.
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INTERNATIONAL KARATE ALLIANCE
KYOKUSHINKAI
Wakajishirgo Certificate of Completion
Faustino Baylon Jr.
Marck Ryan Beriña
Josias Gonzales
Abdulquddos Mohamad




We will train our hearts and bodies for a firm unshaking spirit.
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